



## Suicide and Its Prevention Among Youth

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### Abstract:

There is about one suicide occurring every 40 seconds across globe. The most vulnerable

& affected age group is between 15-29 years. 75% of suicides occur in low & middle income countries.

The Suicide is a major public & mental health problem which demands urgent action. WHO (2019)

reported that despite progress in national prevention strategies, one person dies by suicide every

40 seconds. WHO (2019) further reported suicide is 2<sup>nd</sup> leading cause of death among 15-29 yrs old, over

800,000 people die by suicide every year. According to 2017 study 37.7%, 13.1% & 2.4% of the students

were suffering from moderate, severe & extremely severe depression in universities. Experts say that

college students are susceptible to, because this is a critical transitory period when they go from

adolescence to adulthood.

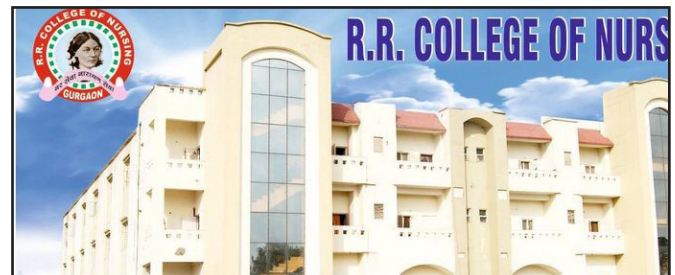
More than 400 students (under 18 yrs) committed suicide in Delhi, India, between 2014 &

2018, a petition filed in the Supreme Court has revealed. Supreme Court has directed all Indian states to

plan, design, formulate & implement health programs to prevent & reduce suicides. For a long time,

mental health challenges were considered a taboo subject in India. Indian Parliament has also passed

Mental Health Care Act 2017, which ensures that every person shall have the right to access mental



health care & treatment from mental health services run or funded by the Government (Mental Health

Care Bill 2017)

Several studies reveal that suicidal behaviors are much more prevalent than what is

officially reported. Poisoning, hanging, pesticides & self immolation were the methods to commit

suicide. Physical & mental illness, disturbed interpersonal relationship & economic difficulties were the The participants identified several risk factors of suicide such as poor relationship issues, teenage

### Biography:

A practicing physician in the field of healthcare in the state of Kerala in India for the last 30 years and very much interested in basic research. My interest is spread across the fever, inflammation and back pain,. I am a writer. I already printed and published nine books in these subjects. I wrote hundreds of articles in various magazines.

After scientific studies we have developed 8000 affirmative cross-checking questions. It can explain all queries related with fever

### Publication of speakers:

1. Berman's Pediatric Decision Making, 2011.