

Sialendoscopy My Series

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Abstract

Sialendoscopy is a procedure used to examine the ducts of the major salivary glands.

A miniature telescope, known as a micro-endoscope, is inserted into the appropriate salivary gland duct as it enters the mouth. This allows the salivary gland ducts to be explored and small instruments can be inserted through the micro-endoscope to remove any salivary stones or debris that may be present. Balloon dilatation of strictures can also be performed. Usually the procedure can be done under local anaesthetic. Once the telescope is introduced the duct will be examined. To allow inspection of the ducts they need to be rinsed with fluid throughout the procedure. This rinsing will cause some temporary swelling of your gland. The swelling usually resolves within twenty-four hours. Small stones can be removed through the Micro endoscope. Larger stones can sometimes be broken into smaller pieces and removed through the endoscope. In some cases a combined endoscopic and surgical approach will be recommended. This is usually for large stones that have become stuck within the ducts. Narrowing of strictures of the duct can be stretched to allow better salivary flow.

I would like to present my series and results from Sialendoscopy; it is an organ sparing technique with a steep learning curve

Biography:

Ms Ahmed graduated in 1984 from Dow Medical College and in her training years rotated through all the major teaching hospitals in North West London. She initially trained in Head & Neck cancer surgery; thereafter in Otolaryngology and Salivary Gland surgery. Ms Ahmed is now a full-time ENT Consultant in the Morecambe Bay Trust and has worked with them for about 16 years. She performs all mastoid surgery, most other forms of ear surgery and is the only ENT Surgeon at Morecambe Bay Trust undertaking salivary gland surgery, particularly of the parotid gland. She has also trained in sialendoscopy which is an endoscopic; organ preservation approach to salivary gland pathology.

Ms Ahmed is deeply involved in education, teaching and training both at Lancaster University and within the Trust where she has run an ENT Study Day for nine years. She is Honorary Lecturer and Honorary Teacher at University of Lancaster and University of Liverpool and has recently published a book for final year medical students. In addition, Ms Ahmed has published more than 50 papers and presents regularly in National and International meetings.

Ms Ahmed is Editor of the Morecambe Bay Journal and sits on the local negotiating committee LNC of the BMA for Morecambe Bay Trust.

References :

1. Srivastava, Neha & Shadab, Ahmad & Shukla, Gaurav. (2012). Yokto (10-24V) Instrumentation Amplifier. 116-121. 10.1109/ICCT.2012.31..

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