

Rule of the health visitor in health promotion in hungary

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Abstract

Who is the health visitor? In Hungary the health visitor is a primary preventive expert, who deals with the health prevention of all age classes from 0-99 years old. The health state of the Hungarian population is getting worse and worse. The deteriorative indexes of the children population are outstanding among the statistics, such as obesity, dietetic disorders, hypertension, posture disorders. The fields of health developing: Women protection; family planning; pregnant care; newborn, infant and child care; school medical care; family care. The primary scene of our prevention activities is the family, the kindergarten, the school, and the health visitor's consulting office. Our way of operating: health developing, giving proper information and knowledge, changing skills and attitudes, giving advice, exploring being endangered, making brochures, peer-help, peer-education. The fields of our prevention activity: healthy nourishment; prevention of smoking, alcohol and drug consumption, sexually transmitted diseases and deviant behaviour. The activities mentioned above are carried out in teamwork with doctors, teachers, social experts, local councils, charity organisations, churches. The aims of the health visitor's job is the following. To protect and improve the health state of the growing up generation in Hungary, to decrease embryo and infant mortality, to promote breast feeding, to widen the knowledge of the children and the families in connection with health, personal counseling in case of individual problems. In the educational institutions the health visitor's health education activity is carried out with individuals or in groups. In my presentation I would like to show the operation of the 100 years old health visitor service in Hungary, emphasising the health developing work in the primary schools and showing its details.



As such, ocular surface disease must be identified preoperatively. Pre-surgical treatment either with in-office procedures or at-home remedies with prescription and non-prescription modalities, or a combination approach is essential to maximize post-operative outcomes and patient satisfaction.

Fortunately, ocular surface disease is relatively easy to diagnose and optimization of the tear film is essential to nail the refractive target.

Biography:

Orsolya Tobak has completed his PhD at the age of 7 years from University of Pécs. She is associate professor at the Faculty of Health Science of Social Education. She is Head of the Health Visitors Department.

Speaker Publications:

1. "The situation of the families with autistic children in Hungary"

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