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Quality and food safety concern of fisherwomen of coastal areas of West Bengal, India

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Abstract:

Introduction: Fisheries sector occupies an important place in the socio- economic development of the country. Not only fisherman, women also play an important role in fishing sector but they cannot get such importance and are affected mostly. Consumption of poor quality food causes poor nutritional status. They are more prone to diseased condition as they take improper diet and have poor knowledge on nutrition. Fisherwomen of coastal areas is not only economically weak in terms of earning , they are not able to get minimum nourishment for their health and suffer from several nutritional disorders

Objectives: To review and analyze current literature on quality of food intake, food safety, knowledge of food intake, food insecurity, food habit of fisherwomen of coastal areas of West Bengal, India.

Methods: The study was designed based on current literature focusing mainly on fisherwomen of coastal areas of West Bengal, India. 'West Bengal coastal area,' Fishing communities', 'Food consumption pattern and nutrient intake', 'Nutritional status and dietary pattern of fisherwomen', 'Food culture and nutritional status' are the phrases for the online searches in open access all databeses including pubmed, google scholars.

Conclusion: Fisherwomen are highly affected on nutritional perspective due to several factors. Hence, more research and views are needed about fisherwomen in Indian and global perspectives.

Biography:

I am Pallabi Bera from India. I like to attain oral presentation on food and nutrition track to discuss about quality and food safety concern of fisherwomen of coastal areas of West Bengal, India. Professionally Iam school teacher and doing my Ph.D from Seacom Skills University, West Bengal, India.