



**Psychiatric Nursing (Addiction Nursing) its state in Ugandan societies and also other African societies and also other African countries.**

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**Abstract:**

As in most developing societies around the world, the trend of serious Addiction seems to be positively correlated with the trend of development of cities and urban centres, with most cases being in Marijuana (cannabis), alcohol, weed (originally from Somalia), tobacco and recently surpassing all is aviation fuel. Traditionally, most of our societies believed that the cause of poor mental health/psychiatric disorder was specifically spirits and curses as such most among our societies are reluctant to associate with victims. Surprisingly at a random less than 01% of school going primary students have any knowledge of careers on psychiatric nursing further to which less than 10% of tertiary level nursing students have the willingness to pursue career in this field. In such a scenario the reality is that we have a rising number of addiction cases and utmost have two National Psychiatric Referral Hospitals manned by relatively few Psychiatric Nurses who can't effectively care for the numerable cases, implying that permanent admission in facilities is strictly for the serious violent cases only. Most addictions aren't characterised by violence, as such given the limited resources, they are not considered as necessary for admission and strict nursing care, which has hence led to the current existence by many mentally unstable persons on our streets, along with related behavioural trends and violence. All in all, there's a gap in informatics related to the subject and specifically aimed at changing people's view of not only the victims but well the career of addiction nursing.



**Biography:**

Nakimuli Grace holds a Diploma in Social Worker and Social Administration at Nsamizi Institute of Education, Certificate in Secretarial Work , Catholic Secretariat Institute Rubaga, Certificate of Counselling and Guidance, Catholic Secretariat Institute Rubaga and a Certificate in Psychiatric Nursing, Nakaseke Hospital and other multiple endorsements. Currently working with Community Health Access Foundation Uganda CHAF, P.O. Box 8987 Kampala as a Social Worker / Volunteer.

**Recent Publications:**

1. World Health Organization (2011) Mental Health Atlas.
2. Ndyababangi S, Funk M, Ssebunnya J, Drew N, Dhillon S, et al. (2012) WHO Profile on mental health in development (WHO proMIND). Republic of Uganda, World Health Organization Geneva.
3. The State of Uganda (2012) Population Report.
4. Government of Uganda, Ministry of Health (2010) Health Sector Strategic Plan (iii), 2010/11-2014/15.

[Webinar on Global Summit on Personalized Medicine and Health Care; December 02, 2020](#)

**Citation:** Grace Nakimuli; Psychiatric Nursing (Addiction Nursing) its state in Ugandan societies and also other African societies and also other African countries; Webinar on Global Summit on Personalized Medicine and Health Care; December 02, 2020