

Probable mode of action of errhine therapy – An overview

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Abstract

Nose is one among the Panchadnaendriya (5 Sense organ) whose functions are not only limited to olfaction and respiration but also considered as a pathway for drug administration. So the drug administered through nose known as Nasya (Errhine Therapy). Nasya reaches to the brain and eliminates the morbid Doshas responsible for producing the disease. Present abstract shows, actual drug administered in nose how it will probably act on vital points located in brain and also how it will act on organs related to these points.e.g.in Ashtanga Samgraha it is explained that Nasa being the entry to Shira, the drug administered through nostril reaches Shringataka Sira Marma by Nasa strotas (Nasal vessels) and spreads in the Brain reaches at a junction place of Netra (Eyes) , Shrotra (Ears), Kantha (Throat), Siramukhas (opening of the vessels) etc. and remove or detach the morbid Doshas present above supraclavicular region and expel them from the Uttamanga (Head).

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Biography:

Sunil Pal has completed his B.A.M.S Graduation at the age of 24 years from Rajiv Gandhi University of Health Sciences (Bangalore), India. He is now pursuing Post graduation in M.D. Kayachikitsa (Internal Medicine- Ayurveda) from Maharashtra University of Health Sciences (Nashik), India. He has over 9 International Publications with 2 Abstract as titled in souvenir in his Post graduation academics period. Recently he has been awarded with "Bharat Gaurav Puraskar

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