

## Primary covid-19 prevention with homeopathic and herbal remedies depending from time study of covid-19 pandemic.

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### Abstract

A coronavirus disease (covid-19) started at last part of 2018 year rapidly become the pandemic at world, this review describes approaches for primary and secondary prevention of disease with herbs and homeopathic remedies that was used at more than two hundred patients. Approaches for prophylactic measures and treatment depended from pandemic situation that was changed during 2020 and first quarter of 2021 year and was based as at whole picture of covid-19 (genius epidemic) as at individual symptoms. All patients that used

primary prophylactic measures had not or had light covid-19 symptoms (depending on time of pandemic – at autumn 2020 primary prevention was completely changed after different covid-19 pandemic picture because old measures don't prevent contamination but only make disease symptoms milder). All hospitalized patients with advanced covid-19 picture that was treated remotely along official treatment was cured. At one case when prophylactic remedies was not given (lockdown and far location from Moscow) 12 years old patient had aggravation from covid – 19 as diabetes mellows.

### Biography

Shatrov Sergey is a Graduate Tomsk Medical Institute as therapeutic doctor at 1987 Graduate Cardiologist internship at No-

vokuznetsk State Institute for Advanced Training of Doctors at 1988 (USSR) Specialization at epidemiology at Moscow (1989-1992) <https://gnicpm.ru/> Worked as cardiologist and epidemiologist of epidemiology of noncommunicable diseases, from 1988 till 2005 at Tomsk Scientific research institute cardiology At 2001-2003 years studied homeopathy at USA – remotely under personal tutorial of US naturopathic and homeopathic doctor At 2005 graduate homeopathic specialization at National Medical Research Center for Rehabilitation and Balneology of the Ministry of Health of the Russian Federation as postgraduate education for medical doctor Also had homeopathy specialization – Vithoulcas center, 2006 year Alonissos, Shankaran center 2008 and 2012, Mumbai, course of CEASE-therapy at Moscow 2019 (Tinus Smiths) Attend lot of homeopathic seminars like Jeremy Sherr at Moscow 2010, Dr A. Pareek and R.S. Pareek at Moscow 2008, Jan Scholten at 2008, 2017 years, etc. Member of World Institute for Sensational Homeopathy Member of Russian Federation homeopathic society Worked as therapist and homeopath from 2005 till 2017 at Medical Center Iris, Moscow At 2017-year graduate two ears specialization as Clinical Psychologist with specialization as neuropsychologist From 2017 work as Homeopathic doctor (classical homeopathy) and as neuropsychologist (SDVG, autism specialization) at Medical Center Iris, Moscow