

Post-Traumatic Growth in Children and Adolescents

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Abstract

Introduction: Children and adolescents often suffer from adverse or even traumatic events. While clinicians and researchers so far have focused predominantly on their negative consequences more recently it has been postulated that traumatic events may exert positive effects in some individuals. In this context the concept of post-traumatic growth (PTG) has been investigated increasingly in adults. However, so far data in children and adolescents is rare.

Method: We performed a narrative review of the current literature regarding PTG especially in children and adolescents as well as the pertinent literature on the PTG framework in general.

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Biography

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