

Physical therapy approach: Making the old, new again!

Rianne Revilla

Visayas Community Medical Center, Philippines



Abstract

We can all agree that Physical Therapy has evolved a lot throughout the years, with modern technology and approach, meeting our goals for our patients and or clients can be achieved in the fastest way possible.

We therefore embraced a wide variety of adjuncts to our plan of care, however, in return many people ought to see that our profession has paved the way to get instant relief and many patients chose to not complete their required number of sessions as soon as they feel that they no longer suffer from pain or movement impairment thus decreasing patient adherence to their plan of care.

As a movement expert, we aim to help our clients become as functional as they can be, thus, relieving their symptoms is not the end of their care, it is just the beginning.

A classic PT approach of educating patients with what we are doing for them will help save our profession from being underrated.

Biography

Rianne Revilla is working as a Physical Therapist at Visayas Community Medical Center (VCMC) as well as a part-time Clinical Instructor at San Vicente Ferrer - Community-Based Rehab Center an affiliate Center of Verallo College.



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