

## *Paediatrics health care & Nutrition*

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### *Abstract*

Good pediatric nutrition is important to your child's health today and for the future. In fact, what you feed your infant can conceivably affect his or her health in adulthood. From the beginning of life, a newborn is set on a trek that will arrive at one of two destinations: a healthy or unhealthy lifestyle. Parents who make good nutritional choices for their kids throughout childhood assist in keeping childhood obesity at bay as well as other diseases that can develop in adulthood like hypertension, diabetes, and heart disease. Children's Health Care utilizes a comprehensive approach to pediatric care that embraces the role that nutrition plays in your child's life. We're here to help new moms as they learn to nurse their babies, but we also provide nutritional consultations to parents of toddlers, preteens, and adolescents.



[24<sup>th</sup> World Nutrition and Pediatrics Healthcare Conference:](#)  
April 29-30, Webinar

### Abstract Citation:

Esraa mohamed abd el abkey, *paediatrics health care & Nutrition, paediatrics health care & Nutrition, nutrition & paediatrics 2020, 24th World Nutrition and Pediatrics Healthcare Conference- April 29-30, 2020 Webinar*  
<https://nutrition.pediatricconferences.com/2020>



### *Biography:*

Esraa mohamed has completed his Bachelor at the age of 22 years from Ain Shams University and pre-master studies from Ain Shams University Faculty of Science. She is Dietitian in Aster Company from 2018 till now; she was a dietitian in Masr international Hospital in Egypt.