

Nocturnal Enuresis in Children

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Abstract

Nocturnal enuresis is a common problem in pediatrics. Urinary incontinence is a common problem in children. At five years of age, 15 percent of children are incompletely continent of urine. Most of these children have isolated nocturnal enuresis (monosymptomatic nocturnal enuresis). Enuresis (synonymous with intermittent nocturnal incontinence) refers to discrete episodes of urinary incontinence during sleep in children ≥ 5 years of age. Enuresis is divided into monosymptomatic and non-monosymptomatic forms, although the pathogenesis and evaluation of the two forms overlap. Monosymptomatic nocturnal enuresis is common in children. The prevalence decreases from 15 percent among five-year-old children to 1 to 2 percent among those ≥ 15 years.

My presentation highlights the most important developments in nocturnal enuresis

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Biography:

Dr. Farheen Khan has completed her medical education from Dubai medical college. She has completed her residency from Dubai Health Authority. She is got her MRCPch from the royal college in January 2012. At present she is working as a specialist pediatrician in Dubai Hospital in general pediatrics. She has done many audit for her department and has two a case reports which are published.

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