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Miracle milk

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Abstract

Human milk is the miracle milk without any comparison. It is adjusted modified according the baby need momentarily. It is designed to the baby's wellbeing, age and needs. It is the most underestimated and under used milk.





Dr Maryam Alsada is holding MRCPCH 2017 and IBCLC 2013-2018 is working as general pediatrician Dubai hospital, Dubai Health Authority. Has completed her initial medical studies in Arabian Gulf University Bahrain afterwards joined Dubai health authority. I am actively involved in the CME activities of the Pediatric department and the hospital's breast feeding committee in Dubai hospital providing breast feeding education, help and support to new mothers in doubt regarding breast feeding. Dr. Maryam is a Theta healer practitioner since 2019.

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