

Minimally Invasive Porcelain Veneers : Aesthetics Redefined

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Abstract

Statement of the Problem: When a definitive aesthetic treatment is determined, it is crucial for a dentist to grant the patient's wish with the necessary dental treatment. Thus, conservative treatments that are the solution to aesthetic problems involving morphologic modifications and provide the result that the patient expects should always be the first therapeutic option.

The purpose of this study is about ultraconservative restorations to achieve functional and aesthetic rehabilitation through treatment planning. Thus, clinicians should be aware that the preparation for laminate veneers remains within enamel, to ensure the bond strength and avoid or minimize the occurrence of postoperative sensitivity.

Methodology & Theoretical Orientation: Aesthetic dentistry continues to evolve through innovations in bonding agents, restorative materials, and conservative preparation techniques. In this context, ceramic laminate veneers, also known as "contact lens," are capable of providing an extremely faithful reproduction of the natural teeth with great color stability and periodontal biocompatibility. Minimal or no preparation veneers are heavily advertised as the answer to our patients' cosmetic needs, which they can be if they are used correctly in the appropriate case.

Conclusion & Significance: Porcelain laminate veneers, with or without reduction, leads to an excellent result in terms of esthetics and function. But without reduction it fails eventually, so minimal preparation is indicated because it can be applied regardless of the structure of the teeth and is giving excellent results due to advancements in adhesive dentistry.

Biography

Dr Joohi Sharma has her expertise in Prosthodontics and Crown and Bridge and Implantology. She is a certified dental photographer from university of Birmingham and Manipal university of health and sciences. Her expertise in evaluation and passion in restoring smiles and improving the oral health and wellbeing. Her open and contextual evaluation model based on responsive constructivists creates new pathways for improving healthcare. She is founder of "Prosthopathshala" where all the dental graduates can enhance their skills and learn advancements in prosthetic and aesthetic dentistry and documentation of cases. She takes clinical program on Fixed and Removable Prosthodontics all over India. She is a speaker on Aesthetic dentistry, Prosthodontics and Photography and was a key note speaker in national conferences. She is a motivational speaker and likes to guide students for dental competitive examination. She has co-authored a MCQ book for MDS Entrance exams. She is a writer and A poet too and because of her beautiful writing skills she is on WORLD DENTAL PHOTOGRAPHY CALENDER 2019-2020 with her quotes and photograph.

Publications

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