

# Melatonin's Metabolite Ion at m/z 174.1: An Active Biomolecule with the Ability to Reverse the Signs of Skin Aging

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## Abstract

**Background:** The treatments to prevent or treat skin aging are increasing more and more. Consumers are increasingly choosing skin care products formulated with active ingredients endowed with great anti-aging effectiveness. This research has focused on obtaining melatonin's metabolite ion at m/z 174.1, a novel active biomolecule which has the property of reversing skin aging.

**Methods:** This manuscript is featuring methods aiming to generating a large amount of the metabolite ion at m/z 174.1 possessing high skin anti-aging effective properties, through ionization and fragmentation of melatonin.

**Results:** Melatonin was ionized and fragmented with Far Infrared Radiation (FIR) and low energy electrons emitted from Quantum Dots, structured inside the matrix of a US-patented silver alloy.

These processes generated various types of metabolites, including the biologically powerful melatonin metabolite ion at m/z 174.1.

**Conclusion:** This extensive research enabled us to discover, the metabolite ion at m/z 174.1 as an active ingredient of cosmeceutical bionic serums with the desirable property of reversing the signs of skin aging.

**Keywords:** Melatonin; Far Infrared Radiation (FIR); Fibroblasts; Melatoninergic Antioxidative System (MAS)

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Far infrared radiation and low energy electrons emitted by quantum dot nanocrystals structured inside the matrix of a patented silver alloy [1]. AgQDs, can emit Far Infrared Radiation (FIR) at a wavelength of  $\lambda=100 \mu\text{m}$ . Moreover, because AgQDs nanocrystals are electrically polarized, they emit a large quantity of low-energy electrons. QD nanocrystals are in a p-type form; thus, any electrical energy is conducted, not by the movement of solution phase ions, but by a hole (electron vacancy) or electron movement.

## Materials and Methods

During FIR, a large portion of the radiant energy carried by the electromagnetic wave emitted from AgQDs is absorbed by melatonin, which causes changes in its molecular atomic and electronic-energy. Upon stimulation by FIR, the energy level transitions of the p-type QDs are emitted in the form of electromagnetic radiation. This weak radiation assists the polarization of melatonin during its ionization.

Melatonin is made of uniquely arranged atoms and molecules and the molecules move among and between the atoms. When the molecules are irradiated with a  $100 \mu\text{m}$  wavelength band of electromagnetic irradiation, the electromagnetic wave energy is absorbed and the amplitude of melatonin's molecular vibration is increased. The FIR wavelength of  $100 \mu\text{m}$  was selected, because it elicits the expected vibrational energy in melatonin molecules more rapidly and efficiently than other frequencies and it induces vibrational energy in water molecules or chains of water molecules, where melatonin is dissolved.

Electron micrographs (magnified 18,000 times) have demonstrated that considerable nanometer sized QD nanocrystal clusters are effectively formed with AgQDs. These minute sized QD nanocrystal clusters result in new quantum phenomena that yield some extraordinary advantages during the ionization and fragmentation of melatonin biomolecules. Moreover, the AgQD surface has a fractal geometry that improves the FIR energy distribution.

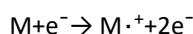
## Introduction

This research has focused on obtaining melatonin's metabolite ion at m/z 174.1, a novel active biomolecule which has the property of reversing skin aging. Melatonin was ionized and fragmented with Far Infrared Radiation (FIR) and low-energy electrons emitted from quantum dots, structured inside the matrix of a US-patented silver alloy.

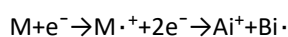
To detect the ionic fragments of melatonin, we used the LC-MS/MS method described by Serban [2]. In short, an Agilent Zorbax Eclipse XDB C-18 rapid resolution column (50 mm × 4.6 mm ID × 1.8 M) was used for the separation of melatonin's metabolite ions and detection of the metabolite at  $m/z$  174.1. The mobile phase A comprised 5 mM ammonium formate in 80% water and 20% methanol; mobile phase B was 100% methanol.

## Results and Discussion

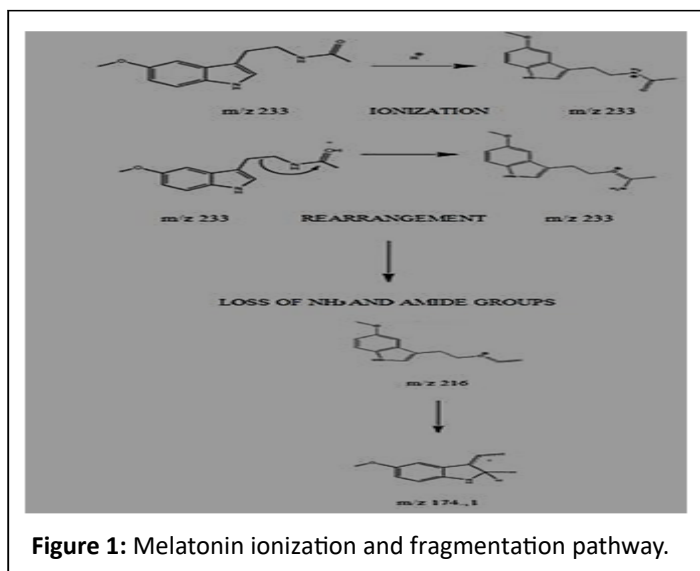
FIR and low energy electrons emitted by the AgQDs were activated with thermal energy at 39°C. These electrons impacted and interacted synergistically with the melatonin molecules dissolved in a mixture of water and propylene glycol (50/50). As a result, one electron was lost from the neutral molecule. The energy of ionization generated by the synergistic action of FIR and low energy electrons emitted from the AgQDs produced molecular ions ( $M^+$ ) in an excited state. More precisely, the melatonin molecule ejected an additional electron, which left a positively-charged molecular ion of the type:



These ions were formed with a range of internal energies. The molecular ion obtained during the electron impact decomposed and formed fragment ions,  $Ai^+$  and radicals,  $Bi^{\cdot}$ .

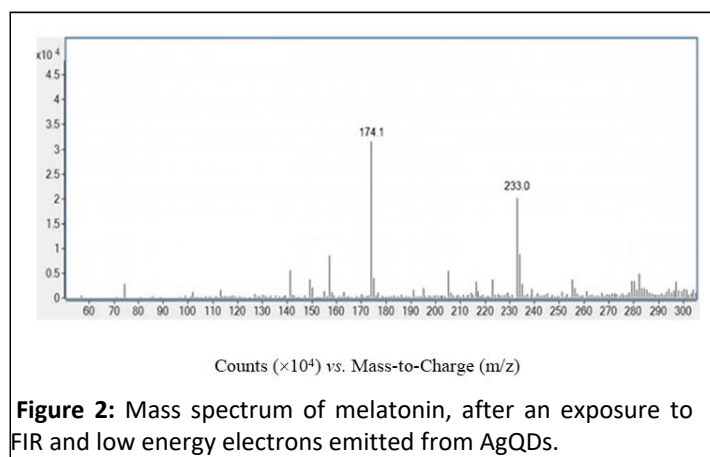


Thus, the fragmentation reaction of the melatonin molecule took place as shown in Figure 1.



The fragmentation mass spectra of melatonin metabolite ion at  $m/z$  174.1 is shown in Figure 2.

The specificity of this metabolite could be used as a fingerprint of the molecular parent, melatonin, which generated it.



Quantitative determination of melatonin metabolite  $m/z$  174.1 by LC-MS/MS are described elsewhere.

Many things cause our skin to age. Some things we cannot do anything about; others we can influence. One thing that we cannot change is the natural aging process. With time, we all get visible lines on our face. It is natural for our face to lose some of its youthful fullness. We notice our skin becoming thinner and drier. Our genes largely control when these changes occur. The medical term for this type of aging is "intrinsic aging." However, we can influence another type of aging that affects our skin. Our environment and lifestyle choices can cause our skin to age prematurely. The medical term for this type of aging is "extrinsic aging." By taking some preventive actions, we can slow the effects of this type of aging on our skin.

Extrinsic aging occurs because our skin is at the mercy of many forces as we age: Exposure to the sun (photo-aging), harsh weather, pollution and bad habits. Many forces cause the formation of free radicals, which damage cells and lead to, among other things, premature wrinkles. Other factors that contribute to wrinkled, spotted skin include the loss of subcutaneous support (fatty tissue between skin and muscle), stress, gravity, daily facial movement, obesity and even sleeping position.

As we discover the fundamental mechanisms that control skin aging, new anti-aging agents are introduced, such as melatonin. Melatonin is a hormone produced in the pineal gland that follows a circadian light dependent rhythm of secretion. Melatonin receptors are expressed in many skin cell types, including normal and malignant keratinocytes, melanocytes and fibroblasts. Melatonin has been experimentally implicated in skin functions, such as hair cycling and fur pigmentation. Moreover, it possesses a wide range of endocrine properties and strong antioxidative activity. The discovery that UV-exposure induced solar damage to the skin led to the finding that melatonin could counteract reactive oxygen species generation, mitochondrial damage and DNA damage. Thus, there was considerable evidence that melatonin could be an effective anti-skin aging compound.

Early studies detected melatonin metabolites in cell free systems [3]. More recent studies provided the first evidence of UV-enhanced photolytic and/or enzymatic melatonin metabolism in cultured human keratinocytes [4]. Therefore, it

was concluded that human keratinocytes and likely the skin and its appendages, represent an extrapineal site of melatonin synthesis. Furthermore, these cells could serve as targets for protective exogenous melatonin treatment. In other words, the skin possesses fully functioning, local, autonomous melatonin metabolism [5]. Moreover, all melatonin metabolites are strongly lipophilic, which enables them to diffuse readily into skin and cellular compartments. Because cutaneous local synthesis and metabolism are inducible by UV-irradiation, it could also be postulated that the skin possesses a self-regulated protective system that is switched on by environmental stressors, such as UV radiation, ionizing radiation and inflammation.

Most investigations of the different aspects of melatonin metabolites have confirmed that, both biosynthetic and biodegradation pathways of melatonin are observed in whole human skin and in the major cutaneous cell populations. UV-exposure mediates melatonin metabolism and the generation of melatonin metabolites in human keratinocytes; these metabolites exert strong antioxidative properties. Thus, an antioxidative cascade was postulated for the skin, analogous to previously describe melatonin related antioxidative cascades in chemical or other tissue homogenate systems [6]. This cascade was defined as the Melatoninergic Antioxidative System (MAS) of the skin. The MAS supports the skin's function as an important barrier organ by protecting against UV-induced and oxidative stress-mediated damaging events, at the levels of the nucleus, subcellular spaces, proteins and cell morphology.

Therefore, endogenous intracutaneous melatonin production, together with topically applied exogenous melatonin metabolites might be expected to represent a potent antioxidative defense system against UV induced skin aging. Moreover, it has become increasingly apparent that melatonin metabolites contribute to the reducing potential of melatonin. Indeed, it is crucial to understand that the protective actions of melatonin are not due to melatonin, per se, but to its metabolites, which can stimulate antioxidative enzymes [7-9].

## Conclusion

In humans, skin aging is accompanied by a decline in mitochondrial function. The mitochondria serve as the "powerhouse of the cell" and make 90% of the chemical energy that cells need to thrive. At the University of Alabama, Birmingham, researchers have developed a mouse model of aging, by inducing a mutation in the mouse genome that led to mitochondrial dysfunction. The mice developed wrinkled skin in a matter of weeks. When researchers stopped the mitochondrial

dysfunction, many of the wrinkles vanished. That study suggested that mitochondrial decline opened the door to skin aging.

In a recent study researchers in South Carolina and Russia showed that melatonin promoted longevity through its ability to preserve mitochondrial function. Other researchers found that the natural melatonin hormone worked in a unique way to combat mitochondrial dysfunction through its various metabolites. Thus, the melatonin metabolite ion detected at m/z 174.1 is a potent, anti-free radical, dynamic substance that can preserve mitochondrial function and thus, reverse the signs of aging.

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