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Abstract

"It is sometimes according to public opinion that garlic, ginger, black seed and hot and spicy spices help to cure patients with coronary heart disease, but this is quite the opposite." The substances mentioned in the corona are very problematic and predispose the patient to respiratory diseases. It is sometimes said in public opinion that garlic, ginger, black seed and hot and spicy herbs help to cure patients with coronary heart disease, if the opposite is true. Products mentioned in the corona is very problematic and patients susceptible to respiratory illnesses is he these patients advised of drinks, hot and mild, such as marshmallow and eggs syrup (as a cool drink) and boiled cure for the common cold with jujube replace Spicy spices.

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