

Knowledge versus practices of child feeding among women of under two years children

Duwal DM

Tribhuvan University, Nepal

Abstract

Background: It is most important that appropriate feeding practices are critical for growth and development of children especially in the first two years of life. There is less evidence found in the field of nutrition and hygiene practices in the Nepalese context and also in the specific communities. 3-15. Objective: To assess the feeding knowledge and practices among the mothers of under two years children in the Chaudhary community. Method and Material: The total 103 responded mother of under two years children were sampled from ward no 3, Omsatiya, Rupandehi based on census data collection. Mixed method was used for quantitative data collection and Key Informant Interview (KII) was used to collect qualitative data with the help of respective tools. It is really inspiring evidence that 99 percent mothers are currently feeding breast milk to their baby. About 38% of mothers have knowledge but only 26% did breastfeed to their children within one hour after delivery. Nearly 60% of mothers who have knowledge on giving complementary foods with breast milk after six months. But nearly 18% have different practice than ideally recommended

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Biography

The Duwal DM works in Tribhuvan University, Nepal