## Keratoacanthoma in Xeroderma Pigmentosum: An Entity Beyond Guess

## Radhika Varma

Trivandrum Medical College Thrissur, Kerala, India

## Abstract

Xeroderma pigmentosum is a progressive, genodermatosis. Clinical degenerative manifestations include sensitivity to ultraviolet radiation resulting in inflammation and neoplasia in sun-exposed areas of the skin, mucous membranes, ocular surfaces occasionally neurologic and degeneration.The basic defect lies in nucleotide excision repair, causing deficient repair of DNA damaged by UV radiation. XP patients have a greater than 1000-fold increase in the incidence of sunlightassociated skin cancer. Keratoacanthoma usually occurs on the sun-exposed areas in middle age and elderly individuals. It may be viewed as an aborted squamous cell carcinoma but rarely, may evolve into an overt malignancy.

Case Report A 12 year old boy, clinically diagnosed as a case of XP was brought to our department with complaints of a slowly enlarging asymptomatic raised lesion on dorsum of nose since one month. He had an asymptomatic skin lesion over right leg below knee, which was excised and diagnosed as dermatofibroma bv histopathology one year back. History of first degree consanguinity was present for his parents. No other family members had XP. On examination, freckled pigmentation was present over face, ears, chest and conjunctiva.

He had a firm, hyperpigmented plaque of size  $3 \times 2$  cm on dorsum of nose, the surface of which showed a central crater with erythema (Figure 1). The lesion had minimal crusting and peripheral scaling. His scholastic performance was poor compared to the peer group. Ophthalmology Keratoacanthoma in Xeroderma Pigmentosum: An Entity Beyond Guess Radhika Varma\*, Priya Prathap Trivandrum

Medical College Thrissur, Kerala, India

Abstract Xeroderma pigmentosum (XP) is a autosomal recessive rare disorder. characterized photosensitivity. bv pigmentary changes, premature skin aging and increase in risk of developing malignant of both skin and neoplasms eves. Keratoacanthoma (KA) is a rapidly growing benign skin tumor, occurring primarily in elderly light skinned individuals.

Here, we report the occurrence of KA of the nose with an unusual morphology in a 12 year old boy with XP where, such an association of the disease in young age is exceedingly rare. and neurology evaluations were normal. Based on the above features, differential diagnosis of actinic keratosis, discoid lupus erythematosis, basal cell carcinoma and squamous cell carcinoma were considered for the lesion on nose. Excision biopsy was done. Histopathology revealed lobules of uniform squamous cells arising from epidermis and extending to dermis.

Cells in centre of lesion were large polygonal with pale pink cytoplasm and those in periphery were basaloid with neutrophilic microabscesses found within squamous cells These findings were suggestive of Keratoacanthoma which was really unexpected for the lesion.

with XP will eventually develop skin cancer, in many cases multiple tumours .Actinic papillomas, keratoses, warty fibromas. keratoacanthomas, neurofibromas. angiofibromas and angiomyomas are the benign tumors reported .The malignant neoplasias related to XP are basal cell carcinoma, squamous carcinoma, malignant cell melanoma, fibrosarcoma and angiosarcoma .Though there have been a few reports of KA in adults with XP in literature, the exact incidence is not known. The mean age for KA in general population is 45 years .Our case stands unique in virtue of the very early presentation in this of KA child. Keratoacanthoma although common, remains an under reported tumor of the skin. It is a rapidly growing cutaneous neoplasia presumably arising from hair follicles, appearing as a dome-shaped nodule with a central keratin-filled crater which later degenerates into an involuting keratinous mass .Chemicals, viruses like HPV, sunlight, trauma and altered immunity has been implicated as the causative factors amongst which, exposure to sunlight stands first. 95% of the solitary lesions are found on sun exposed areas of face, head and extremities .In our case, the site of lesion and rapidity in progression favored the possibility of KA while, the age of onset and morphology mislead the diagnosis initially. Α presentation of this tumour in XP at a very young age was even reported earlier Unlike in our case, morphology of the tumour showing a well-defined dome shaped and rough mass on nose in the child was typical for a clinical diagnosis of KA in the prior report.

plague with central indentation А is commonly a feature of DLE, actinic keratosis leishmaniasis. and cutaneous Hence. several differential diagnoses were thought of at the outset in our case. Histopathological features enabled us in exactly sketching the diagnosis as KA. Actinic keratosis, which is the most common tumour in patients with XP, was ruled out here because of a preserved granular layer, absence of parakeratosis, basal cell atypia and solar elastosis of dermis. Dearth of pleomorhic cells and keratinized squames in laminated layers ruled out squamous cell carcinoma as well. Anastamosing nests and cords of proliferating basaloid cells arising from basal layer of epidermis with palisading of nuclei distinctive of basal cell carcinoma were also absent.

## References

1. Al-Kamel MA (2016) Keratoacanthoma of the nose coexisted with xeroderma pigmentosum in a Yemeni child: A rare case. Our Dermatol Online 7: 419-421

2. Saawarn N, Saawarn S, Shahikanth MC, Chaithanya NCSK (2011) Keratoacanthoma with xeroderma pigmentosum. International Journal of Dental Clinics 3: 120-122.

3. Naik SM, Shenoy AM, Nanjundappa A, Halkud R, Chavan P, et al. (2013) Cutaneous malignancies in xeroderma pigmentosum: Earlier management improves survival. Indian J Otolaryngol Head Neck Surg 65: 162-167.

4. Shetty R, Girish BS, Baleel R, Permi HS, Makannavar P, et al. (2014) Xeroderma pigmentosa with multiple cutaneous malignancies: A rare case report and review of literature. NUJHS 3: 2249-71110.

5. Chowdhury RK, Padhi T, Das GS (2005) Keratoacanthoma of the conjunctiva complicating xeroderma pigmentosum. Indian J Dermatol Venereol Leprol 71: 430-431.

talk2radhu@gmail.com