

Infectious Diseases from a Holistic Worldview (Universal Medicine)

Dr. Monika Muller

University of Applied Sciences, Germany

Abstract

No doubt, infectious diseases exist since the time we, the humans, exist. In our present world: What is the disposition of a human being for getting an infection? The answer to this question can be condensed to this formula: Being affected makes open for infection. Being affected of something emotionally causes us to feel unprotected and we get spineless. Our immune system is becoming weakened, hence we get easily infected by something what's present in our surroundings. Emotions as psychological feelings are the ground for physical manifestations of sicknesses, universal medicine knows. Exclusively through our emotions and our five body senses we perceive the world. If our spirit cannot feel attuned with the world surrounding us, we are emotionally affected very much, even if for many of us this inner process does not ever reach our conscious perception. Our body, the "tool" of our spirit on earth, becomes weakened and reacts easily with infection. The present human world, specifically in the West, has for many of us spiritually become more and more difficult to live in, since we have been very much reduced to be consumers. In developing and poor countries the vast majority of all human beings is struggling to survive physically, having therefor to deal with a weakened body from the beginning on.

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Biography

Monika Müller (born in 1952 in Munich) worked for several years in her profession as adult educator in Germany. In 1979 she was discovered to no longer have a large intestine, and the medical professionals did not know how she could survive without it. Since she had to rely on herself, she chose to alter her life direction radically and take full responsibility for her health. The next thirty years saw her living and learning in far flung areas of the globe. In the fall of 1984 she started her

healing practice while living in the region of the Mayan indigenous in the Yucatán Peninsula in Mexico. Her understanding has deepened both through her work and through her life experiences with people of many different cultural backgrounds and healing traditions. During her unusual way of life Monika spent almost a year in solitude in the jungle. Since many years she is teaching her healing technique "Bio- Cosmo-Energy", Shamanism.