

IN CORONA PATIENTS THE USAGE OF GINGER, BLACK SEED, GARLIC AND ITS EFFECT

MUHAMMAD SHARIF Wafa

KHATAM UL NABIEIN UNIVERSITY, Afganistan

✉ sarifwafa@gmail.com

Abstract

"It is sometimes according to public opinion that garlic, ginger, black seed and hot and spicy spices help to cure patients with coronary heart disease, but this is quite the opposite." The substances mentioned in the corona are very problematic and predispose the patient to respiratory diseases. It is sometimes said in public opinion that garlic, ginger, black seed and hot and spicy herbs help to cure patients with coronary heart disease, if the opposite is true. Products mentioned in the corona is very problematic and patients susceptible to respiratory illnesses is he these patients advised of drinks, hot and mild, such as marshmallow and eggs syrup (as a cool drink) and boiled cure for the common cold with jujube replace Spicy spices.

Received: January 12, 2022; **Accepted:** January 22, 2022; **Published:** January 26, 2022

Biography

DR Muhammad Sharif wafa from khatamul nabaiin faculty of medical and has job in Kabul Medical Infections disease hospital.

and graduated from medical faculty by 90 percent score.