# Imt For Patients With Multiple Sclerosis

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# Abstract:

#### Introducation

Integrative manual therapy is an excellent approach to healing ,health and recovery from a variety of conditions including multiple sclerosis.

Objective :

- Defining integrative care
- Integrative care for patients with multiple sclerosis
- Integrative symptom management: physical therapy
- Personal & Social well being

## Methods:

The national centre for complementary and alternative medicine classifies cam therapies into 5 categories-

- Alternative medical system
- Mind-body interventions

- Biologically based systems including herbals
- Manipulative and body based methods such as chiropractic and massage therapies
- Energy therapy

Integrative care of patients with ms is under utilised & it needs a global platform to be recognised so that it can be helpful for the patients suffering from the ailment and to the society as a whole.

### Biography:

1. Practical Neurology(Allen C. Bowling)

The Result Has Been Derived From 50 Patients Presenting In The Opds Both Inpatient As Well As Outpatient..

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