



Importance of Melastomamalabathricumin modern era, a clinical study

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Melastomamalabaricum has been claimed to possess various medicinal values according to the communities/tribes traditional beliefs and, interestingly, the whole plant could be used as herbal medicine. It is also a well-known herb in Malaysia, particularly, where its leaves, shoots, and roots are prepared in various ways for treatment of different diseases and ailments. Many reviews have appeared in the literature regarding Melastomamalabathricum medicinal uses. However, none have described the complete chemical and pharmacological properties of this important ethnomedicinal plant. Therefore, I am aiming to compile a comprehensive review of Melastomamalabathricum that covers its ethnomedicinal uses, phytochemical contents, and scientifically proven pharmacological properties along with clinical studies.



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