

Registered Nursing 2019: How Do Support for People with Dementia in Iran? A Nursing Care Approach

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In light of the World Health Organization (WHO) conjecture, continuously 2025 about 1.2 billion individuals will be at age 60 a long time and more established, of which around 75% of them will dwell in creating nations. The maturing of a populace is brought about by two procedures: declining birth rates, diminishing the size of more youthful birth partners, and expanding future. In Iran, populace richness communicated as number of youngsters per ripe lady diminished from 6.7 in the mid 1980s to 1.8 in 2009, while future over a similar period expanded with 13.1 years. Presently, 7% of the populationg is matured 60 and more established, however in the event that this nation proceeds with its maturing populace development at the current rate, it is anticipated that continuously 2025 11% of the populace will be age 60 years and more established, and in 2050 even 28%. Such expectations are strong, as the concerned populace of 60 and more in 2050 is presently multi year and more established. Dementia is a genuine test for wellbeing and social consideration frameworks in maturing social orders. The frequency of dementia is quickly expanding also, can force an incredible weight and expenses on maturing populaces. A enormous extent of maniacal patients live in creating nations furthermore, by 2040, will represent 71% all things considered. Current cost models demonstrate that the yearly expenses per individual with dementia vary to a great extent among created and creating nations. Nonetheless, such error can be clarified by underestimation of expenses in creating nations because of higher commitments of casual consideration costs, under-announcing, under-treatment, and lower endurance of unhinged patients in

these nations.

In the World Alzheimer Report 2009, Alzheimer Disease International estimated that 36 million people worldwide with dementia, with numbers doubling every 20 years to 66 million by 2030, and 115 million by 2050.v 58% of those with dementia currently live in low and middle income countries, rising to 71% by 2050. Dementia develops when the parts of the brain that are involved with learning, memory, decision-making, and language are affected by any of various infections or diseases. The most common cause of dementia is Alzheimer's disease, but there are numerous other known causes. Comparing Iran's population age pyramid in the past two decades illustrates that the structure of age pyramid is reversing. It shows that in the coming years the present young population will incline towards aging. There are some important characteristics of dementia in general and Alzheimer Disease specifically in Iran in terms of culture, public knowledge and socioeconomic aspects. The prevalence of cognitive impairment and dementia is increasing in Iran. Although there is no confirmed study available on the prevalence of dementia at the national level in Iran, but some studies indicate that some 700,000 individuals are diagnosed with Alzheimer's in Iran so the disease should be taken seriously.

An important aspect of the nurse's role is to observe and report any potential signs of underlying dementia. Iranian Nurse, as a healthcare professional, who comes in contact with people with dementia must able to signpost them to appropriate support. In this article we will present A Nursing Care Approach for People with Dementia in Iran.