

## How do family members perceive reintegration of male state patients into their families in South Africa? A qualitative analysis

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### Abstract

After successful rehabilitation of state patients at the psychiatric hospital, they need to be reintegrated into their families. Family members of state patients have perceptions on how these patients should occur. Hayani Psychiatric Hospital has a challenge of many male state patients who are ready to be reintegrated but are not done so although the hospital has put mechanisms to address the challenge. The aim of the study was to explore perceptions of family members regarding reintegration of male state patients into their families. A qualitative approach using descriptive, explorative, and contextual designs was used for this study. The study population was family members whose relatives are male state patients admitted and recorded in the admission register of Hayani Hospital, Limpopo Province South Africa. Non-probability purposive and convenient sampling were used to sample a hospital and 10 Venda speaking family members of male state patients respectively. In-depth individual interviews were used as the instrument to collect data which was pretested on one family member who did not form part of the study. Data was analysed using thematic analysis approach. Credibility, dependability, confirmability and transferability to ensure trustworthiness of the study as well as ethical considerations were adhered to. The findings of the study revealed perceptions of family members regarding reintegration of male state patients into their families. Family members indicated that they accept re-integration although some indicated that they fear to stay with male state patients.

### Biography:

Dr Lavhelani N.R has completed his Doctor of Nursing Degree in May 2019 at the age of 55 years from University of Venda School of Health Sciences in Limpopo Province of South Africa. He is the Nursing Service Manager but currently acting as a Chief Executive Officer of Hayani Psychiatric Hospital. Since his doctoral degree was conferred in May 2019, he had presented a paper on his thesis in a provincial conference hosted jointly by two universities (University of Venda and University of Limpopo).

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