

Haematoma of the epiglottis in post covid patient (case report)

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Abstract

Introduction – During the corona crisis pandemic, as an ENT specialists we have challenged with many patients' covid symptoms during the disease, and as well with many post covid symptoms, anosmia, ageusia, quite often, but also with rare symptoms as post covid dysphagia.

Methods and materials: Presentation of a case report of a rare case of dysphagia in a patient a month after recovering from covid 19 disease. 62 year patient was admitted to the ENT department with nose bleeding and swallowing difficulties. From the medical history he said that he was recovering from severe covid infection for which he was treated two weeks hospitalized in the infective department. He has heart problems, arrhythmia and was treated with Sintrom (anticoagulant drug) with frequent controls with transfusion specialist. From the general examination there were evident hematomas in the abdomen region and both legs, but he gave the information that he was used to it. From the ENT examination, he didn't have a sign for epistaxis but while doing videolaryngoscopy it was noticed swollen, bloody epiglottis that was overhanging the other laryngeal structures. The patient was hospitalized and was given antibiotics, corticosteroids, tranexamic acid, vitamin C and K. Anesthesiologist and transfusiologist were consulted, and complete blood count and hemostasis were done. From the results it was diagnosed hipocoagulability and 2 units of fresh frost plasma were done. All the time the airway was checked. The patient was treated with therapy in the ENT department for 5 days and after resolving the edema of epiglottis and solving the swallowing problem he was send home.

Conclusion – The “new normal” gave us many challenges in the treatment of our ENT patients. We should consider further research for collecting as many data as possible for rare presentation of the covid and postcovid patients, so we can share the information and be more productive in resolving the cases and patient treatment.

Biography

Marija Jankulovska, ENT specialist, work in Clinical Hospital of Bitola, Macedonia. She has finished her specialisation in the ENT Clinic in Skopje in February 2020. During her

residency she has attended many ENT courses and congresses in the Balkan countries and Europe. She has also had observership in the ENT Clinic Vojvodina in Novi Sad, Serbia, CHU Caen, France; ENT Clinic in Wurzburg, Germany