

JOURNAL OF ORTHOPAEDIC DISORDERS

Foot wear lacing and shoe bow tying. The first steps in a long journey

Michael H Franklin

Soft Soles Holistic Podiatry, UK

Abstract



I will demonstrate a simple but effective method of putting the laces into shoes. That will result in a 20 to 50% improvement and energy management. Unfortunately in the modern trends and fashions of footwear has resulted in an increase in symptoms. But by applying these simple systems you will quickly gain better control. The evidence and results of this I've collated across 42 years as a podiatrist. I truly believe THIS IS the most important thing that I invest into my clients. Early today on the 5 feb2021, I educated a client of 70. The results were instant along with the smile. It is more than apparent clients have a poor grasp of the energies and the long term damage they cause. Once the new system has been applied, The improvement in the control of the clients it's almost instant. A positive chain of events then occurs, preventing many symptoms. Saving clients a small fortune. As the negative effects of their bad habits can be going on for decades, they often escalate and worst of all, the bad habits are passed on to their children. I believe it is pure Folley not to address this issue at the earliest possible opportunity. As it undermines and undervalues all the other work done by healthcare professionals in our fields. If everything is caused by energy, not having the energy under control makes no sense whatsoever. Prevent is better than cure, we educate the client. We invest in them they prosper and return to us more than the fee a truly rewarding symbiotic relationship where all prosper

Biography

Michael H Franklin is a Director of Soft Sole Holistic Podiatry. "Let Science Save Your Soul", has run a successful private practice since 1986. Trained with Scholl UK 1979. Is on the EC for the IOCP. Branch chair and delegate for over 20 years.



7th Global Conference on Physiotherapy, Physical Rehabilitation and Sports Medicine | March 11, 2021

Citation: Michael H Franklin, Foot wear lacing and shoe bow tying. The first steps in a long journey, 7th Global Conference on Physiotherapy, Physical Rehabilitation and Sports Medicine | March 11, 2021, 07