

Factors Affecting Subjective Wellbeing in Elderlies

Jose Arnold Tariga

Clinical Nurse Instructor, Salma Children's Rehabilitation Hospital, UAE



Abstract

This study aimed to determine the predictors that affect the subjective wellbeing among elderlies. The researchers intended to evaluate whether selected individual variables (educational attainment, health status, employment status, and presence of stressors), family variables (marital status, family size, family income, quality of family relationship and family support), and neighborhood variables (social relationships, church attendance, access to amenities/ transportation, safe environment and community participation) influence the achievement of subjective wellbeing among elderlies in Bohol, Philippines. The researchers utilized a descriptive correlational design to identify patterns of relationship that existed between the variables and to measure the strength of the relationship. The study was conducted in the municipality of Sagbayan, Bohol, Philippines. The researcher utilized a self-made questionnaire, the Perceived Stress Scale, Spiritual Wellbeing Scale and the Satisfaction with Life Scale (SWLS) to gather the needed information relevant to the variables under study. Multiple regressions using the SPSS software was utilized in the treatment of the data gathered. It was found out that the mean level of subjective wellbeing among elderly falls under the average level of life satisfaction (4.23) which means that the elderlies are generally satisfied with the different aspects of their lives but there are certain domains that they would very much like to improve. The study also revealed that the significant predictive variables for the elderlies' subjective wellbeing include age, health status, perceived stress, community participation, family income, and neighborhood safety. Implications of these results are noted for the development of programs and initiatives to enhance subjective wellbeing.

Biography:

Jose Arnold Tariga completed his Doctor of Philosophy in Development Education from Central Luzon State University, Philippines in 2019, Professional Diploma in Healthcare Administration from the American University of Ras Al Khaimah, UAE in 2015, Master of Science in Nursing (Major in Medical-Surgical Nursing) degree from Cebu Normal University, Philippines in 2012, and Bachelor of Science in Nursing in 2008. He is a Certified Professional in Healthcare Quality and is also certified American Heart Association Basic Life Support Instructor. He is currently working as a Clinical Resource Nurse in Salma Rehabilitation Hospital based in United Arab Emirates where is leading the Education and Training Department of the entire facility. He is actively involved in education planning, development and delivery of continuing education sessions and clinical research to achieve evidence-based practice. He has published his researches in peer-reviewed journals such as the Philippine Journal of Nursing, Malaysian Journal of Nursing and Recoletos Multidisciplinary Journal. He has also presented in various international conferences in UAE and was recently the chairman of the scientific committee and member of the organizing committee in the recently conducted Pediatric Multispecialty Conference in Abu Dhabi UAE. He also delivers CME lectures and workshops free of charge to all healthcare professionals and is an active volunteer lecturer for the Special Licensure Examination Review for Nurses organized by the Philippines Nurses Association – UAE Chapter. With his valuable contribution in the healthcare community in the United Arab Emirates, he was recognized as the Healthcare Professional of the Year 2019 by the Filipino Awards in UAE..



Salma Children's Rehabilitation Hospital

Webinar on 30th International Conference on Clinical Nursing and Practice | June 29-30 2020 | Paris, France

Citation: Jose Arnold Tariga, *Factors Affecting Subjective Wellbeing in Elderlies* | Webinar on 30th International Conference on Clinical Nursing and Practice | June 29-30 2020 | Paris, France