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## **Evolution Has Begun.**

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## Abstract

When you think about it, it's not the 1 billion sick people we should be most concerned about, it's the 6,7 billion healthy people that are at risk in the world. Most people are feeling overwhelming emotions now. The big number is about PREVENTION and the small number is about HEALING or TREATMENT. That is the way Eradication is going to look. In December, I started an experiment by friending 300 random strangers on my Facebook page. Four days later I had 5000 unknown friends who had friended me for different reasons and from many countries. I gave each a choice to be part of Eradication's Africa, Asia, US East or US West groups. Africa Group was particularly challenging, as many of them had no food, water or education. Using Facebook Groups and Messenger Workshops they first received problem solving skills and alternatives to begging and then moved into other topics. The members come from Morocco down to South Africa and about half of them started with anxiety. It wasn't long before I realized that teaching mental and emotional resilience is about changing your perception from looking outwards for solutions from technology and other people, to the realization that all the knowledge you need is already inside you – waiting to solve every problem you will ever have. You just need to refocus. These random friends will become the teachers of prevention in their countries.

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## **Biography**

Keith Coney is a Chartered Engineer and Project Manager, Lead Auditor, a Life Coach and strong energy healer. He is insured for counselling internationally based on his experience and has delivered speeches to large businesses, charities and international conferences about his lived experience, solving mental illnesses using energy and the future eradication of mental illnesses. He guides any person to solve any psychiatric or trauma conditions in any motivated person, worldwide including empaths in approximately 1 hour. See You Tube for examples. Keith focusses on innovative ways to solve mental illnesses which currently is the development of an online course completed at home for the solution of anxiety and depression with only a support person.