

## Evidence-Based Practices in Hospitals: An Evaluation for Surgical Units

<sup>1</sup>Zehra AYDIN

<sup>2</sup>Ali UNAL

Hitit University, Corum, Turkey<sup>1</sup>

Hitit University, Corum, Turkey<sup>2</sup>

### Abstract:

Individuals are born with certain basic rights, of which one is the right to health. Despite advances in science and technology, today the desired level of healthcare services cannot be provided. Recent researches show that evidence-based practices should be prioritized and actively used in hospitals in order to provide a qualified health service. As in every unit, the importance of evidence-based applications is increasing day by day in surgical units, as well. It was emphasized that the members of the surgical teams such as nurses as well as doctors, technicians, etc. should also be in cooperation in order to be able to use evidence-based applications effectively, especially in surgical units and to achieve the desired goals. In the literature, although their attitudes towards evidence-based practices are positive in surgical units, it is seen that their level of using evidence in care is insufficient, which emerges as an indication that beliefs about evidence-based practices are high, but there are disruptions in their implementation. Systemic problems, healthcare members' lack of knowledge or insufficient care are considered as the causes of malfunctions.

As a result, evidence-based practices should be a part of service delivery in order to increase the quality and standard of care provided in surgical units, standardize care, minimize complications, accelerate recovery, to reduce hospital stay and healthcare delivery costs and increase patient safety and satisfaction. It is possible to achieve these goals by making arrangements for the system, eliminating the lack of knowledge of the healthcare professionals and ensuring cooperation with team members.

Keywords: Care, surgical units, evidence-based practices, healthcare management

### Biography

Zehra Aydin is doctor (PhD) in the Department of Surgical Diseases Nursing. She has been working in Department of Surgical Diseases Nursing, Faculty of Health Sciences, Hitit University, Corum, Turkey since 2013.

Email: zehra86\_sevgi@hotmail.com