

Empaths: Misunderstood, Misdiagnosed and Mistreated.

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Abstract

Empaths interact with energy in one or more of four ways; See, feel, hear and know. And they are able to move it with their mind or body or both. Physical and mental ailments can be caused by emotions that have been stored in the body. Emotions are energy, and traumatic experiences cause the nervous system to trap this emotional energy. Empaths are able to feel and move energy, so I guide a client to identify the areas of the body that are holding onto the trauma. We then energetically connect with the emotion of the trauma. There is no need to relive the trauma, instead we interact with the memory of the experience. For example, if the emotion was stored in childhood, we communicate with the energetic echo of that child. By simply acknowledging the trauma, the child version of Self lets go of the experience and the energy can be removed. By moving the energy out of the body, the trauma and ailment is healed. Empaths can go on to heal many other aspects of their own health, and that of other people. I'm coming to Rome to explain that empaths are being grossly over-looked and under-utilized. Empaths are being misdiagnosed, mistreated and misunderstood. They are being falsely medicated. There is a severe lack of information available to doctors to identify and treat an empath correctly. Tens (hundreds?) of thousands of empaths are falling through the gaps of the mental health system. With my work, we can identify an empath at childhood saving them from a life of mistreatment. Finally, empaths are an important key to the future of mental and physical health. Education is key in helping empaths self identify, self heal, and heal others. Energetic humans are here and they are our future. It is time for our health care systems to catch up with human evolution.

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Biography

Australian born Hayley Wilson has dedicated her life to understanding a world she never seemed to fit into. It was clear from a young age that she experienced reality in a very different way. Fascination with the human experience and relentless hunger for answers has fuelled

an eclectic career. As a Genetic Engineer she has explored life at a cellular level. She travelled the world solo for a decade seeking knowledge from philosophers and gurus, she is now certified in 5 healing modalities and in teaching. She studies quantum physics in her free time and runs research projects to satisfy her own curiosities.