

# Effects of music therapy after autologous stem cell transplantation

**Negin Samadi Kharajouei**

The Julius Maximilians University of Wurzburg, Germany

## Abstract

The notion that music can influence your thoughts, feelings, and behaviors probably does not come as much of a surprise. If you've ever felt pumped up while listening to your favorite fast-paced rock anthem or been moved to tears by a tender live performance, then you easily understand the power of music to impact moods and even inspire action. Music therapy may be a viable nonpharmacological method of pain management for patients undergoing ASCT.

In fact post-transplantation of stem cell transplantation involves pain and nausea, and its treatment can be physically and psychologically challenged, with many side effects that can be painful, uncomfortable, and sometimes difficult, which takes us to the use of challenging alternative methods to see if there would be helpful positive effects on the treatment.

**Received:** June 07, 2022; **Accepted:** June 14, 2022; **Published:** June 28, 2022

## Biography

Negin Samadi Kharajouei has completed her master at the age of 26 years from The Julius Maximilians University of Wurzburg, Germany and doctoral studies from The Julius

Maximilians University of Wurzburg. He is an instructor in European resuscitation council.