

Editorial on Neurological Physiotherapy Vinay Kille*

Received: May 14, 2021; **Accepted:** May 20, 2021; **Published:** May 26, 2021

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Editorial

Neurological physiotherapy is used to treat persons who have movement and function impairments that are caused by issues with the neurological and neuromuscular systems of the body.

Muscle weakness, poor balance and coordination, uncontrollable muscle spasms and tremors, loss of function, and diminished sensitivity are common symptoms of these disorders. Among the most common neurological disorders.

Physiotherapy at the Hospital

Acute neurological diseases including a stroke, spinal injury, or traumatic brain injury may require emergency hospitalization. Physiotherapy treatment may be requested by your doctor while you are in the hospital, depending on your symptoms and condition. Your physiotherapist will test your strength, coordination, and balance, and then create a treatment plan that is tailored to your specific needs. Your physiotherapy treatment may include the following, depending on your impairment.

Following your discharge from the hospital, you can go to an Active Therapy clinic to continue your rehabilitation with the help of a physiotherapist. Hands-on therapies, particular exercise prescription, and a home exercise regimen are all possible treatments for neurological physiotherapy. Some persons with neurological problems require additional assistance, high levels of care, and specialized equipment; your Physiotherapist can refer you and your family to the most appropriate

programmers and organizations to provide the help you need. For more information about our neurological physiotherapy consultations, please contact Active Rehabilitation.

Problems involving the brain, spinal cord, or peripheral nerves are known as neurological disorders. Physical functions such as mobility, muscle strength, range of motion, and balance may be affected in people with neurological diseases.

Neurological physiotherapy is a type of rehabilitation that focuses on examining and treating physical issues caused by a person's neurological condition. A specialist neurological physiotherapist

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Citation: Vinay K (2021) Editorial on
Neurological Physiotherapy. J Physiother Res
Vol: 5 Iss: 5:20

is the ideal person to perform neurological rehabilitation. Our physiotherapists at have extensive expertise treating individuals with neurological problems.

The type of physiotherapy treatment you receive will be determined by your medical condition. Your treatment will be tailored to your individual needs. Treatment with physiotherapy will improve your capacity to perform everyday duties and promote the functional activities that you love most.

Whatever your ailment, treatment may include stretching, strengthening, and teaching you how to keep your balance and walk. At Physio.co.uk, our dedicated physiotherapists will work with you to help you reach your full potential, gain independence, and improve the quality of your life.

An initial evaluation will identify any issues caused by your neurological condition, and a treatment plan tailored to your needs will be devised.

Between you and your physiotherapist, a comprehensive rehabilitation programme with short and long-term therapy goals will be devised. Treatment for neurological physiotherapy can be done at home or in a clinic, depending on your needs.