

Complementary and Alternative Medicine (CAM) and Cancer: A descriptive analysis to fill the healthcare gap.

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Abstract

In recent years, the complementary and alternative medicine (CAM) approaches have emerged as a new area of evaluation in oncology research and treatment due to its reliable therapeutic results. From 9 to 91 % of Cancer patients use Complementary and Alternative medicine therapies during their treatment trails since they are diagnosed with cancer, as per the recent survey. Various program and the research initiative has been started by The National Cancer Institute (NCI) to facilitate and promote the evaluation of these alternative therapies for cancer treatment. There is a need to bring the evidence-based medicine into clinical practice to strengthen the CAM approaches worldwide through research and clinical trials. The clinical and therapeutic experience with Traditional Chinese Medicine (TCM), Aromatherapy, Acupuncture, Ayurveda, Mind-body strategies, body manipulation, shows promising results but there is a need of more proper significant research for it widely adaptation. This presentation will discuss the programs relevant to supporting research agenda and research training in integrative oncology treatment to ensure its efficacy, safety and their role in improving the health of the patient while strengthening our healthcare services

Keyword: Complementary and Alternative medicine, CAM, Cancer, Ayurveda, Acupuncture, Traditional medicine Healthcare.

Biography:

My ongoing M.D. in General Medicine at International Medical Faculty, Osh State University, Kyrgyzstan, along with my scientific approach in the healthcare sector and leadership skills to contribute collaboratively to enhance my understanding the health in-

formatics, computational biology, complementary & alternative medicine and Ayurveda, which is rapidly evolving. I offer proficiency in Network Medicine, Cell biology, Techniques in molecular biology in general, Internet of Medical Things (IoMT), as well as a wide variety of lab techniques and computer skills. My four scientific research work has been published and appreciated in a various prestigious scientific journal, and few of my paper is at the pre-print stage.

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