



Case study: aphthous ulcers in a 10-year-old girl

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ABSTRACT: Aphthous ulcer is typically a recurrent round or oval sore or ulcer inside the mouth on an area where the skin is not tightly bound to the underlying bone, such as on the inside of the lips and cheeks or underneath the tongue. Affecting as many as 25% of the population worldwide with aphthous ulcer. There may be female predominance in some adult and child patient. We report a case of a 10-years old female child patient presented a 1-year history of episodes of multiple recurrent ulcers on lips, cheeks and tongue. Topical application of Amlexanox 5% oral paste and Iron tablet (combination of Iron (III) hydroxide polymaltose complex INN 188mg equivalent to 47mg elemental iron, folic acid BP 0.5mg and zinc sulphate monohydrate USP 61.8mg) and vitamin C was given. Also focused on improvement of balanced diet and proper oral hygiene maintain. As a result improvement of pain, discomfort and healing of the aphthous ulcer. No side effects were recorded.



Biography: Dr. Shaikh Kaniz Sayeda, Coordinator of Research & Development Unit highlighted facilities available in and activities conducted by the BRB Hospital. Then Dr. Kamrun Nessa, a current MPH Student of DIU, who is a Professor & Head of Gynecology Unit of the BRB Hospital presented a paper on Cervical Cancer as Keynote Speaker of the program. She highlighted risk factors and clinical features of Cervical Cancer and emphasized on preventive measures against Cervical Cancer.

Publication: 1. Pattern of lipid levels of subjects seeking laboratory services in an established laboratory in the Dhaka city
2. Pattern of lipid levels of subjects seeking laboratory services in an established laboratory in the Dhaka city
3. Predicting Cardiovascular risk in England and Wales: prospective derivation and validation of QRISK2
4. Lipoprotein levels apparently healthy men and women
5. Coronary heart disease statistics

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