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## **Breast Cancer in High-risk Women**

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Breast cancer is the most frequent cancer in women, affecting around 2.1 million people per year. The type of breast cancer and the severity of the disease determine the pharmacological treatment. However, continued use of a medicine might lead to resistance, necessitating the creation of other drugs. Breast cancer in the elderly has become a public health concern, and treatment must be redesigned in order to de-escalate the disease. The justification for a phase 3 randomised study to examine less burdensome adjuvant procedures that are nonetheless efficacious and efficient is outlined in our research. Breast cancer in young women is a regular occurrence in China. Clinically and pathologically, young breast cancer is aggressive. Issues such as surgical procedure selection, early amenorrhea, and fertility preservation may have medical, psychological, and social consequences for young females with breast cancer. As a result, a comprehensive approach to diagnosis and therapy is required. The National Cancer Quality Control Center's breast cancer expert committee gathered specialists from related fields in China to develop this consensus in order to provide scientific and viable answers for rational breast cancer diagnosis, therapy, and fertility control for young females. In the absence of gravity, malignant and non-cancerous cells act differently. As a result, it's possible that microgravity may be used as a supplement to cancer treatment in the future, perhaps opening up new avenues for clinical cancer therapeutics. The effect of microgravity on breast cancer cells, as well as anticancer medications for breast cancer treatment, drugs in preclinical. This evaluation, we feel, will provide a complete report on many elements of breast cancer research and will aid in the establishment of therapeutic linkages between microgravity and

breast cancer treatment. To address the increased incidence of breast cancer, more effective prevention techniques must be implemented. The usage of risk-reducing medication by Australian women at high risk of breast cancer was investigated. Drug responses associated with different breast cancer subtypes have evident implications for therapy outcomes; thus, correct subtype classification is crucial. The classification of breast cancer subtypes has lately been investigated using a variety of approaches, with Raman spectroscopy emerging as an efficient technique for noninvasive breast cancer analysis. Both algorithms were able to differentiate normal breast cells from breast cancer cells with higher than 97 percent accuracy, and both algorithms were able to classify breast cancer subtypes with greater than 92 percent accuracy. Furthermore, our findings indicated that some Raman spectral properties, such as the strength of intrinsic Raman bands, which increased in cancer cells, could be used as cancer cell biomarkers. Raman spectroscopy in combination with machine learning approaches allows for a quick study of breast cancer subtypes, revealing changes in intracellular compositions and molecular structures. Breast cancer has overtaken prostate cancer as the most prevalent malignant tumour on the planet. However, when compared to European and American countries, the survival rate of breast cancer patients in China is 8% lower. The committee issued China Breast Cancer Screening, Early Diagnostic, and Treatment Specification, in which it described a set of breast cancer screening, early diagnosis, and treatment techniques that are appropriate for China's national conditions. Clinical expertise in breast cancer prevention and treatment, as well as the features of breast cancer patients in China and socioeconomic factors, were used to develop the methods.