

Blood pressure control and health behaviors in elderly Chinese women with hypertension

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Abstract

Statement of the Problem: Hypertension is a leading cause of cardiovascular morbidity and mortality. As China's population ages, burden of hypertension has concentrated in elderly women groups. The empirical analyses have identified making health related behavior changes are to be effective in controlling hypertension. The study was to discover the main behavioral risk factors influencing blood pressure control of elderly women with hypertension in Jiangsu Province, China. Methodology & Theoretical Orientation: 5,234 cases of women aged 60 and above in Jiangsu Province were recruited by multi-stage stratified cluster and random sampling method in 2013 and investigated by the household health survey.

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Biography

Hui Lu is the Associate Professor and Head of Department of Social Medicine & Health Education, School of Public Health, Nanjing Medical University. She has been to Department of Public Health Sciences, Karolinska Institutet, Sweden for 3 months and has worked in Foreign Loan Office, Ministry of Health, and China. She

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