

Assessment of mental health status of public of Pakistan during the corona virus pandemic

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Abstract

The corona (COVID-19) pandemic has become threatened the people all around the world and has impacted the people psychologically. The research data is needed to formulate psychological interventions to lower the anxiety. The aim of the study was to assess the anxiety and stress levels among the general public of Karachi during COVID-pandemic. Method: From 2020/04/27 to 2020/05/06 we collected data through online survey. Online survey was first disseminated to university students and they were encouraged to pass to other. Mental health status was assessed by the Depression, Anxiety and Stress Scale (DASS-21).

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Biography

I am third year medical student at Dow Medical College. I have won INTEL ISEF provincial research competition related to my another research related to environmental sciences and presented my research named sewage treatment through egg shell at INTEL ISEF national level and DUHS DICE health exhibition.