

Are you able to recognize, diagnose and treat patients suffering from environmentally linked chronic diseases individually?

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Abstract

Otorhinolaryngology is one of the central disciplines for the perception, diagnosis and treatment of chronic complex environmental diseases. The ENT- organs are the entrance and at the same time the special target of multiple environmental stressors, which are biological, chemical, physical and psychosocial in nature. They act individually and/or at the same time together as triggers. Essentially, these are usually inflammatory processes that chronically influence the neuro-endocrine immune system. This leads to complex chronic diseases of the mucous membranes, to the neurological system as well as to endocrine and immunological dysfunctions. Due to the lack of specific education and training, most doctors are not able to diagnose and treat these diseases satisfactorily. Usually, after a superficial diagnosis, they describe a "fixed named disease" without questioning further causes. If all causative triggers of the disease process are not considered - e.g. ongoing toxic indoor pollution by biocides from wood preservatives, solvents, plasticizers, flame retardants, aldehydes, mycotoxins, health burdening by metals, particles and nanoparticles, other alloplastic materials, electromagnetic fields, persistent Virus infection or Borreliosis etc. - the previous symptoms will very quickly recur after frustrating conservative or surgical therapy attempts

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Biography

I have been operating and working as an ENT specialist for 40 years. Beside microsurgery, my specialties are allergy and clinical environmental medicine. I have been training doctors in these fields for over 30 years. For more than 5 years I am offering this training doctors in a postgraduate online training in blended learning format internationally

www.scopro.de/en. This Clinical Environmental Medicine is not yet very online training in blended learning format internationally, well known in ENT, although we are constantly dealing with inhaled noxious agents and their local effects, but also complex systemic, mostly neuro-endocrine health damaging consequences. Often we do not recognize this, because we have not enjoyed any specialist further training.