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#### **Original Article**

### Antigiardial Activity and Cytotoxicity of Adansonia digitata

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#### ABSTRACT

Background: Adansonia digitata L. (Family: Malvaceae) is a majestic tree revered in Africa for its medicinal and nutritional value. The plant parts are used to treat various ailments such as diarrhoea, malaria and microbial infections. It is reported that it is an excellent anti-oxidant due to the vitamin C content which is seven to ten times higher than the vitamin C content of oranges. A. digitata has numerous biological properties including antimicrobial, antiviral, anti-oxidant and anti-inflammatory activities amongst others. Giardiasis is the most common cause of parasitic gastro-intestinal disease and it is estimated that up to two hundred million people are chronically infected with giardia lamblia globally, and 500,000 new cases reported annually. **Objectives:** The purpose of the paper was to investigate the *in-vitro* antigiardial activity and cytotoxicity (MTT assay) of ethanol extract of A. digitata L. (leaves). Method: The ethanol extract of A. digitata (leaves), with different concentration (500 ppm, 250 ppm and 125 ppm) and metronidazole concentration (312.5 µg/ml) to be investigated in vitro against giardia lamblia trophozoites. And cytotoxicity (MTT assay) with different concentration (500 ppm, 250 ppm and 125 ppm) and compare triton-100 (the reference control). Result: The result was obtained from A. digitata leaves ethanol extract which exhibited 100% mortality within 96 h, at a concentration 500 ppm; this was compared with Metronidazole which gave 96% inhibition at concentration 312.5  $\mu$ g/ml at the same time. And MTT assay verified the safety of the examined extract. conclusion: These studies conducted for both *A. digitata* leaves was proved to have potent activities against giardia lamblia trophozoites in vitro. MTT assay verified the safety of the examined extract.



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#### Introduction

Medicinal plants are still invaluable source of safe, less toxic, lower price, available and reliable natural resources of drugs all over the world. People in Sudan and in other developing countries have relied on traditional herbal preparations to treat themselves. Therefore, it is useful to investigate the potential of local plants against these disabling diseases<sup>1,2</sup>.

The leaves of Adansonia digitata are important protein sources in complementing the amino acid profile and thereby improving the protein quality of the diet. Young leaves are commonly used as a vegetable in soups or cooked and eaten as spinach. Dried green leaves are used throughout the year, mostly in soups served with the staple dish of millet. Flowers can be eaten raw or used as flavour in drinks. In the folk medicine A. digitata is used in the treatment of fevers, diarrhea, malaria. haemoptysis and scorbutic complaints (vitamin C deficiency) and dysentery. Pulp extract is applied as eye-drops in cases of measles. In many medicinal uses, stem bark is used. When prepared it is made into a decoction for internal use and functions due to its soluble and insoluble tannin, and gummy and albuminious constituents betasitosterol has been studied and this occurs in the bark and also the seed oil. Root bark is also used in traditional medicine. This contains beta-sitosterol and two glycosides. The leaves form a component or herbal remedies and a mash prepared from the dried powdered roots is given to malarial patients as a tonic. A semi-fluid gum obtained from A. digitata bark is used to treat sores<sup>3</sup>.

*Adansonia digitata* products (e.g. fruits, seeds, leaves, bark) contribute to the livelihood of many populations in Africa as it is a source of food, fibre and medicine<sup>4-8</sup>. More than three hundred traditional uses have collectively been documented in Benin, Mali, Zimbabwe, Cameroon, the Central

African Republic, Kenya, Malawi, South Africa and Senegal<sup>9</sup>. Various plant parts (e.g. leaves, bark, fruit pulp), have traditionally been used for immunostimulant, anti-inflammatory, analgesic, insect repellent and pesticidal properties, in the treatment of diarrhoea and dysentery in many African countries, and have been evaluated as a substitute for imported western drugs<sup>10,11</sup>.

Giardiasis is the most common cause of parasitic gastro-intestinal disease and it is estimated that up to two hundred million people are chronically infected with giardia lamblia globally, and 500,000 new cases reported annually <sup>12</sup>. Giardia lamblia is a major cause of diarrhoea in humans<sup>13</sup>. Giardia is a flagellate protozoan with worldwide distribution that causes significant gastrointestinal diseases in a wide variety of vertebrates including cats and human .Giardiasis is one of the intestinal protozoa that cause public health problems in most developing countries as well as some developed countries. Giardia lamblia is considered to be one of the leading causative agents of diarrhoea in both children <sup>14, 15, 16</sup> and adults<sup>17,18</sup>.

Metronidazole is the drug now widely used and recommended in the treatment of giardiasis<sup>19</sup>. But it is less effective in the tissue than in the gut lumen<sup>20</sup>. In addition, it can eradicate only up 50% of laminae infections<sup>21</sup>. to Metronidazole sometimes causes adverse effects, example, myoplasia, neuralgia, and allergic dermatitis<sup>22</sup>. The present study was conducted to investigate the antigiardial activity and cytotoxicity of A. digitata (leaves) in Sudan.

#### Materials and Methods

#### Plant materials

The A. digitata (leaves) were collected from central Sudan between



British Biomedical Bulletin January 2015 and February 2015. The plant was identified and authenticated by the taxonomists of Medicinal and Aromatic Plants and Traditional Medicine Research Institute (MAPTMRI), Khartoum, Sudan.

#### **Preparation of crude extracts**

Extraction was carried out for the leaves of A. digitata plant by using overnight maceration techniques according to the method described by Harbone<sup>23</sup>. About 50 g round material was macerated in 250 ml of ethanol for 3 h at room temperature. Occasional shaking for 24 h at room temperature was performed and, the supernatant was decanted. Thereafter, the supernatant was filtered under reduced pressure by rotary evaporatorion at 55°C. Each residue was weighed and the vield percentage was calculated and then stored at 4°C in tightly sealed glass vial ready for use. The remaining extracts which were not soluble were successively extracted using ethanol with the described technique. The extracts were kept in freez dryer for 48 h, (Virtis, USA) until they were completely dried. The residue was weighed and the vield percentage was calculated. The extracts were kept and stored at 4°C until required.

## *In vitro* testing of extract for antigiardial activity

#### Parasite isolate

*G. lamblia* used in all experiments were taken from patients from Ibrahim Malik Hospital (Khartoum). All taken samples were examined by wet amount preparation; the positive samples were transported to the laboratory in nutrient broth medium. Trophozoites of *G. lamblia* were maintained in RPMI 1640 medium containing 5% bovine serum at  $37 \pm 1^{\circ}$ C. The trophozoites were maintained for the assays and were employed in the log phase of growth.

#### Inoculums

*G. lamblia* was inoculated in the RPMI 1640 medium and incubated at  $37 \pm 1^{\circ}$ C for 48 h. parasites were counted under the microscope by haemocytometer chamber.

#### In vitro susceptibility assays

In vitro susceptibility assays used the sub-culture method by Cedillo-Rivera et al <sup>24</sup>, which is being described as a highly stringent and sensitive method for assessing the anti-protozoal effects (gold standard) particularly in E. histolytica, Gairdia intestinalis and Trichomonas vaginalis Arguello-Garcia *et al*  $^{25}$ . 5 mg from each extract and compound was dissolved in 50 µl of dimethyl sulfoxzide (DMSO) at Eppendorf tube containing 950 µl D.W in order to reach concentration of 5 mg/ml (5000 ppm). The concentrates were stored at -20°C for further analysis. Sterile 96-well microtitre plate was used for different plant extracts, positive control and negative control. Three columns of a microtitre plate wells [8 columns (C)  $\times$  12 rows (R)] were chosen for each extract, 40 µl) of an extract solution (5 mg/ml) were added to the first column wells C-1: On the other hand, 20 µl of complete RPMI medium were added to the other wells of the second column and third column (C-2 and C-3). Serial dilutions of the extract were obtained by taking 20 µl of extract to the second column wells and taking 20 µl out of the complete solution in C-2 wells to C-3 wells and discarding 20 µl from the total solution of C-3 to the remaining 20 µl serial solutions in the successive columns. 80 µl of culture medium was complemented with parasite and added to all wells. The final volume in the wells was 100 µl.



British Biomedical Bulletin In each test, Metronidazole (a trichomonocide) pure compound [(1-(2-hydroxyethl)-2-methyl-5 Nitroimidazole], a was used as positive control in concentration 312.5  $\mu$ g/ml, whereas untreated cells were used as a negative controls (culture medium plus trophozoites). For counting, the samples were mixed with Trypan blue in equal volume. The final number of parasites was determined with haemocytometer four times for counting after 24, 48, 72 and 96 h. The mortality % of parasite for each extracts activity was carried out according to the following formula:

#### Mortality of parasites (%) = <u>(Control negative – tested sample with extract)</u> × 100% Control negative

Only 100% inhibition of the parasite was considered, when there was no motile parasite observed.

#### **Cytotoxicity Screening**

Microculture tetrazolium MTT assay was utilized to evaluate the cytotoxicity of the *A. digitata*.

### Microculture Tetrazolium (MTT) Assay

#### Principle

This Colorimetric assay is based on the capacity of Mitochondria succinate dehydrogenase enzymes in living cells to reduce the yellow water soluble substrate 3-(4, 5-dimethyl thiazol-2-yl)-2, 5-diphenyl tetrazolium bromide (MTT) into an insoluble, blue colored formazan product which is measured spectrophotometrically. Since reduction of MTT can only occur in metabolically active cells, the level of activity is a measure of the viability of the cells<sup>26</sup>.

### **Preparation of A. digitata extract**

Using a sensitive balance 5 mg of each extracts were weighed and put in eppendorf tubes. 50  $\mu$ l of DMSO were

added to the extract and the volume was completed to 1 ml with distilled water obtaining a concentration of 5 mg/ml. The mixture was vortexed and stirred by magnetic stirrer to obtain a homogenous solution.

### Cell Line and Culturing Medium

Vero (Normal, African green monkey kidney) cells were cultured in a culturing flask containing a complete medium consisting of 10% fetal bovine serum and 90% minimal essential medium (MEM) and then incubated at 37°C. The cells were sub cultured twice a week.

### Cell line used

Vero cells (Normal, African green monkey kidney).

### **Cell counting**

Cell counts were done using the improved Neubauer chamber. The cover slip and chamber were cleaned with detergent, rinsed thoroughly with distilled water and swapped with 70% ethanol, then dried. An aliquot of cell suspension was mixed with equal volume of 0.4% trypan blue in a small tube. The chamber was charged with cell suspension. After cells had settled, the chamber was placed under light microscope. Using 40 X objective, cells in the 4 large corner squares (each containing 16 small squares) were counted. The following formula was used for calculating cells:

#### Procedure

The monolayer cell culture formed in the culturing flasks was trypsinized and the cells were put in centrifuging tube and centrifuged for 5 minutes separating the cells from the supernatant that flicked out. 1 ml complete medium was added to the cells and all the cell suspension was contained in



a basin. In a 96- well microtitre plate, serial dilutions of each extracts were prepared. 3 duplicated concentrations for each extracts i.e. 6 wells for each of 8 extracts. All wells in rows A. B and C were used in addition to first 4 wells from each rows D, E and F. The first 2 wells of row G were used for the negative control and the first 2 wells of row H were used for the positive control Triton X. 20 µl complete medium pipetted in all wells in rows B, C and mentioned wells of rows E and F. Then 20 µl from each extracts were pipetted in rows A and B and first 4 wells of rows E and F. 20  $\mu$ l taken from row B were pipetted and mixed well in row C from which 20 µl were taken and flicked out. The same was done from E to F. After that 80 µl complete medium were added to all used wells. Then adjusting the cell account to 3000 cell/well, 100 µl of cell suspension were added completing all wells to the volume 200 µl. Now, we have duplicated three concentrations 500, 250,  $125 \mu g/ml$  for each extract. Then the plate was covered and incubated at 37°C for 96 hours.

On the fourth day, the supernatant was removed from each well without detaching the cells. MTT suspension stock (5 mg/ml) prepared earlier in 100 ml phosphate buffer solution (PBS) was diluted (1:3.5) in a culture medium. To each well of the 96-well plate, 50 µl of diluted MTT were added. The plate was incubated for further 4 hours at 37°C. MTT was removed carefully without detaching cells, and 100 µl of DMSO were added to each well. The plate was agitated at room temperature for 10 minutes then read at 540 nm using microplate reader. The percentage growth inhibition was calculated using the formula below.

#### % Cell inhibition = 100-{(Ac-At)/Ac} × 100

Where, At = Absorbance value of test compound; Ac = Absorbance value of control.

#### Statistical analysis

All data were presented as means  $\pm$  S.D. Statistical analysis for all the assay results were done using Microsoft Excel program (2007).

#### Results

The leaves of *A. digitata* (family: Malvaceae) was screened for antigiardial activity against (*Giardia lamblia*) trophozoites *in vitro*, and screened for cytotoxicity using 3- (4, 5-dimethyl thiazol-2-yl)-2, 5-diphenyl tetrazolium bromide (MTT) Vero cell line.

The leaves of *A. digitata* was screened for antigiardial activity against (*Giardia lamblia*) trophozoites *in vitro*, and screened for cytotoxicity using 3- (4, 5dimethyl thiazol-2-yl)-2, 5-diphenyl tetrazolium bromide (MTT) Vero cell line. And the yield percentage (%) of ethanol leaves extract of *A. digitata* investigated for antigiardial activity and cytotoxicity was found to be 9.3% (**Table 1**).

## Antigiardial activity of A. digitata (leaves) extract

The antigiardial potential of the ethanolic extract of A. digitata (leaves) was extracted by ethanol, with different concentrations (500, 250 and 125 ppm) and Mertronidazole (the reference control) with concentration (312.5 ug/ml) to be investigated against Giardia lamblia trophozoites in vitro. Ethanol extract of A. digitata (leaves) showed 100% inhibition at a concentration 500 µg/ml after 96 h; this was compared with Metronidazole which gave 96% inhibition at concentration 312.5 µg/ml at the same time against Giardia lamblia (Figure 1).

The leaves of *A. digitata* was screened for antigiardial activity against (*Giardia lamblia*) trophozoites *in vitro*. Showed antigiardial activity with an inhibition concentrations (IC) more than



25.74  $\mu$ g/ml after day tow and gave an IC<sub>50</sub>, IC<sub>90</sub>, IC<sub>95</sub> and IC<sub>99</sub> after one day, after tow day, after three day and after four day respectively **(Table 2).** 

## Cytotoxicity assay of A. digitata (leaves) extract

The maximum concentration used was 500  $\mu$ g/mL. When this concentration produced less than 50% inhibition, the IC<sub>50</sub> cannot be calculated.

This table indicates the % inhibition of Vero cell line growth *in vitro* by ethanolic extract of *A. digitata* (leaves). MTT colorimetric assay was used. Reading in triplicate for different concentrations 125-500 µg/mL.

Interestingly, the cytotoxicity assays were conducted in this study to evaluate the cytoxtoxicty effects of ethanolic extract of *A. digitata* (leaves) by using MTT-assay including (Vero cell line). The result of MTT assay verified the safety of the examined extract.

### Discussion

The leaves of *A. digitata* (family: Malvaceae) was screened for antigiardial activity against (*Giardia lamblia*) trophozoites*in vitro*, and screened for cytotoxicity using 3- (4, 5-dimethyl thiazol-2-yl)-2, 5-diphenyl tetrazolium bromide (MTT) Vero cell line.

# Antigiardial activity of *A. digitata* (leaves) extract

*Giardia lamblia* is an important cause of acute and chronic gastrointestinal disease throughout the world and has been identified as the etiologic agent in numerous waterborne outbreaks of diarrheal disease. Although *G. lamblia* is among the most prevalent enteric protozoal infections in humans, it is relatively recently that improvements in t he *in vitro* cultivation of this organism have allowed reliable, reproducible tests to assess the *in vitro* activity of therapeutic agents against *G*. *lamblia* (Boreham *et al*; 1984). Despite the previous comprehensive screening of Sudanese medicinal plants for their antiprotozoal activity  $^{27, 28, 29}$ .

Ethanolic extract of *A. digitata* (leaves) inhibited 100% inhibition concentration 500  $\mu$ g/ml after 96 h; this was compared with Metronidazole which gave 96% inhibition at concentration 312.5  $\mu$ g/ml at the same time against *G. lamblia* (Figure 1).

Interestingly, the cytotoxicity assays was conducted in this study to evaluate the ethanolic extract of *A. digitata* (leaves) their cytoxtoxicty effects by using MTT-assay include (Vero cell line). The result of MTTassay verified the safety of the examined extract.

The leaves of *A. digitata* was screened for antigiardial activity against (*G. lamblia*) trophozoites *in vitro*. Showed antigiardial activity with an inhibition concentrations (IC) more than 25.74  $\mu$ g/ml after day tow and gave an IC<sub>50</sub>, IC<sub>90</sub>, IC<sub>95</sub> and IC<sub>99</sub> after one day, after tow day, after three day and after four day respectively **(Table 2).** 

# Cytotoxicity assay of A. digitata (leaves) extract

The cytotoxicity assays were conducted in this study to evaluate the ethanolic extract of *A. digitata* (leaves) their cytoxtoxicty effects by using MTT-assay include (Vero cell line). The result of MTT-assay verified the safety of the examined extract (**Table 3**).

#### Conclusion

This result enhances the ethno botanical uses of *A. digitata* (leaves) as antigiardial in cases associated with giardiasis in Sudan. Further investigations regarding the mode of action and other



related pharmacological studies such as *in vivo* investigation, drug formulation and clinical trials are highly recommended.

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# **Table 1:** Preliminary quantitative data on the amount of A. digitata leaves used in the antigiardial activity and cytotoxicity study

Scientific Name of Plant	Family name	Part Used	Yield %	
A. digitata	Malvaceae	Leaves	9.3	



IC (µg/ml)	IC <sub>50</sub>	IC <sub>90</sub>	IC <sub>95</sub>	IC <sub>99</sub>
After day one	164.68	1454.30	1909.45	2374.16
After day tow	70.17	1085.90	1529.30	2011.21
After day three	42.18	393.25	519.84	649.87
After day four	25.74	287.81	389.18	495.45

Table 2: Inhibition concentration (IC) A. digitata (leaves) ethanol extract against G. lamblia

Key:  $IC_{50}$  Inhibition concentration 50%,  $IC_{90}$  Inhibition concentration 90%,  $IC_{95}$  Inhibition concentration 95%,  $IC_{99}$  Inhibition concentration 99%

**Table 3:** Cytotoxicity of A. digitata extract on normal cell lines (Vero cell line) as measured by the MTT assay

S. No.	Name of plant (part)	Concentrations (µg/ml)	Absorbance	Inhibition (%) ± SD	IC₅₀ (µg/ml)
		500	2.42	17.9 ± 0.05	
1	A. digitata (leaves)	250	2.87	$10.8 \pm 0.03$	> 100
		125	3.42	5.5 ± 0.02	> 100
2	*Con	trol	0.14	95.3 ± 0.01	

Key: \*Control = Triton-x100 was used as the control positive at 0.2  $\mu$ g/mL.



