


## Adult pharmacotherapy for smoking cessation.

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### Abstract

Smoking quitting has been linked to numerous health advantages. In the United States and around the world, cigarette smoking is the leading preventable cause of death. Tobacco use raises the risk of a variety of acute and chronic illnesses, including cancer, in a variety of ways.

Nicotine replacement therapy, varenicline, and bupropion have all been shown to be effective smoking cessation aids. This article discusses these and other pharmaceutical methods for helping patients quit smoking.

If counselling is provided in addition to the drugs, the chances of a successful quit attempt rise. Separately, the benefits of adjuvant behavioural therapy for smoking cessation and an overview of smoking cessation care are reviewed.

**Keywords:** Tobacco; cancer; Nicotine; Smoking

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### Biography

Robert B Graduated from The University of Melbourne in Masters of Primary Healthcare. Robert is currently working as a research fellow. Their most recent publication is 'Utility of

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