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A Pediatric Case of Exercise Related Transient Abdominal Pain and Analysis of Current Literature

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Abstract

Exercise-related transient abdominal pain (ETAP) is an ailment commonly known to athletes as and detrimental to their performance although it is thought of as benign and It may be stabbing or sharp when severe, aching, pulling or cramping when less intense, recurrent, and resistant to treatment. To date, ETAP remains under analyzed and under reported in the medical literature. There is no direct evidence of the cause of this ailment. Most of the reported in the previous literature were adult This case report of an 11- year-old otherwise healthy female and subsequent analysis of literature, will present a contemporary understanding of ETAP, including the various ideas about the the epidemiology associated with it, and strategies to manage and prevent this disorder.

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