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Nursing change model in Japan: Nursing specialized outpatient clinic opened and operated by nurse

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Statement of the Problem: In Japan, aging has progressed, medical costs have increased due to complication and chronicity of disease structures, medical doctors and nurses are short and medical places are shifting to home in the area. In this social situation, it is important to expand and change the role of nursing. The purpose of this study is to develop a nursing specialized outpatient system operated by a nurse who collaborated with a conventional outpatient clinic.

Methodology & Theoretical Orientation: We established a nursing specialized outpatient clinic at model hospital by action research, systemized it, promoted generalization and conducted observational research on the condition of consultation.

Findings: Nursing specialized outpatient clinic in nine fields such as cancer nursing and relaxation was established in the model hospital. There were 10,814 examinees in 9 fields in 3 years, of which 3,609 outpatients for cancer consultation were the most numerous among them. Nationwide, in 2014, 43 nursing specialized outpatient clinics were opened; clinical nurses' specialists and certified nurses were in charge. When examining 56 subject patients (average age 58.7 years old), a large number of visits were made in the order of diabetes and cancer treatment/consultation. The same was true for fields supported by 113 subject nurses (average age 42.3 years old). The outpatient felt the nurse as a person closer to the doctor and the nurse carefully aided the outpatient, but outpatient wanted the number of nurses in charge to be increased.

Conclusion & Significance: Many patients visited nursing specialized outpatient clinics managed by nurses working in demonstrated, suggesting that a nursing specialized outpatient system can contribute to future medical treatment in Japan.

Biography

Kikuko Iwanaga studies the evaluation and improvement of nursing practice to improve the quality of nursing. She has presented a new model through nursing and management at medical institutions, education and research experience at university.

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