

# NEUROLOGICAL STROKE REHABILITATION AND RECOVERY BY WAY OF MEDITATION

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**D**esire or excessive attachment suffer from depression, discouragement, hatred, resentment, fear, and anger leads to the path of intoxicants consumption. Thus generate more and more violence, road rage leads to traffic injuries and deaths. Those are on spiritual paths have a tremendous challenge if we are to counterbalance this negativity or face the multiple strokes. Stroke rehabilitation may be by physical therapy, occupational therapy, speech therapy along with optimal medical care continues to be viewed as advantageous. Coordination by a physician with expertise in neurorehabilitation is also an important aspect of successful stroke rehabilitation. Such expertise takes the form of realistic expectations about recovery based upon performance of serial functional assessment scales, knowledge about the size and location of the stroke. The care plan must also institute effective measures to protect against recurrent stroke, as stroke patients are generally at significant risk for further ischemic or hemorrhagic events. Stroke rehabilitation might be last stage should begin during the patient's hospital admission. Obviously, the degree of recovery is impacted by the age of the patient, the magnitude of the initial deficit, the condition of the patient, the motivation and family members, the risk of recurrent stroke as well as the quality of the stroke rehabilitation process. Many meditation systems available to stroke patients that can help them adjust to their new post-stroke lifestyle. All these systems are based on the path of Dhamma that created and teach by Gautam the Buddha. Thus whether you're coping with the aftermath of a stroke or working to overcome functional limitations created by multiple sclerosis, Parkinson's disease, brain injury, balance disorders or other neurological conditions, to restore your capacity for full, active living as quickly as possible.

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