Future Perspectives about Genetics of Congenital Glaucoma

Received: October 01, 2017; Accepted: October 10, 2017; Published: October 18, 2017

As everybody knows, glaucoma is the leading cause of irreversible blindness worldwide. Most of glaucoma patients are elderly but congenital glaucoma (CG) and glaucomas of childhood are important causes of visual disability. Congenital glaucoma is isolated, non-syndromic glaucoma that occurs in the first three years of life and is one of the major causes of childhood blindness. Early-onset glaucomas may arise secondary to developmental abnormalities, such as glaucomas with aniridia or as part of Axenfeld-Rieger syndrome and Peters’ anomaly. Congenital glaucomas have strong genetic bases and disease-causing mutations have been discovered in several genes since [1]. Mutations in three genes (CYP1B1, LTBP2, TEK) have been reported in congenital glaucoma patients (Figure 1). Axenfeld-Rieger syndrome is caused by mutations in PITX2 or FOXC1 and aniridia and Peters’ anomaly are caused by PAX6 mutations [2] (Figure 2).

Clinically, congenital glaucoma is characterized by high intraocular pressure (IOP), epiphora, corneal oedema, photophobia, blepharospasm and ocular enlargement. The disease is bilateral in approximately 75% of patients. CG incidence varies substantially among countries: it is estimated to occur in about 1/10000 births in Europe, in 1/2500 in Saudi Arabia and 1/1250 in the gipsy population in Slovakia (Online Mendelian Inheritance in Man, OMIM 231300). From a pathophysiological point of view, an
increase in IOP, untreated either with surgery or pharmacological therapy, results in ocular enlargement (buphthalmos) and rapidly progressive cupping of the optic nerve with severe and irreversible damage of the visual field. Early recognition and therapy can significantly improve the child’s visual function. Onset of an aggressive form of glaucoma occurs between birth and 3 years of age. The disease has higher prevalence in males (2:1; M/F). Most cases of CG are sporadic and recessive inheritance of CG is common, with almost complete penetrance in populations with high consanguinity rate. Reduced penetrance (40% in some populations) and various phenotypic forms suggest a polygenic inheritance pattern or multifactorial aetiologies. In a paper published in Ophthalmic Genetics in 2011 we confirmed the major role of CYP1B1 gene in congenital glaucoma and we suggested an autosomal recessive role of MYOC/TIGR in a digenic inheritance model [3].

Treatment of diseases with gene therapy is advancing rapidly and is the future of the therapy of glaucoma. Genes offer numerous advantages over conventional drugs. The gene therapy use both viral and nonviral vectors. The eye is an ideal organ for gene therapy. It is easily accessible and it is an immune-privileged site. Currently, there are clinical trials for diseases affecting practically every tissue of the eye, mostly trying to restore vision in patients affected by Leber congenital amaurosis. The number of eye trials compared with those for systemic diseases is quite low (1.8%). One area for eye gene therapy is glaucoma, where a long-term gene drug would eliminate daily applications and compliance issues. The future of glaucoma therapy is the possibility for treating the trabecular meshwork to lower intraocular pressure (IOP) and the retinal ganglion cells (RGC) to protect them from neurodegeneration [4].

Conflict of Interest
None

References