Malnutrition is a general issue keeping down advancement with inadmissible human results and causing sickness in the total population. However the chance to end lack of healthy sustenance has never been more noteworthy. The weight of hunger over the world stays high, and progress stays moderate. Lack of healthy sustenance is one reason for more sick wellbeing in the Population than different diseases. Children under five years of age face multiple burdens: 150.8 million are stunted, 50.5 million are wasted and 38.3 million are overweight. Meanwhile 20 million babies are born of low birth weight in every year. Overweight and obesity among adults are at record levels with 38.9%, stretching from Africa to North America, and increasing among adolescents. Women have a higher burden than men when it comes to certain forms of malnutrition: one third of all women of reproductive age have anaemia and women have a higher prevalence of obesity than men. Millions of women are still underweight. Many countries are set to achieve the targets set by the global community to track progress on nutritional status to 2025.

The United Arab Emirates has a very diverse population, of which only 10% are UAE nationals and the remainder is made up of expatriates or immigrants. The UAE has the 7th highest net migration rate in the world at 12.36, as any expatriate or immigrant is allowed into the country and under law to apply for UAE citizenship after living in the country for twenty years or above, assuming they have not been convicted to a crime and can speak Arabic. The prevalence of overweight in Gulf Cooperation Council (GCC) adults has been reported to be 48% amongst males and 35% amongst females, while the prevalence of obesity has been reported to be 24% amongst males and 40% amongst females. More specific to the UAE, one survey, conducted over 15 years ago (2010–2020) found that one third of the population was obese and over 40% overweight. As the population of the UAE is predominantly made up of immigrants, it is likely that by under-sampling this population group, the true prevalence of overweight and obesity in the UAE has not been fully captured. And moreover there are more population effected by the nutritional disorders such as malnutrition (obesity), overweight, diabetes and nutritional deficiency in all the age groups (children’s, adults and senior citizens) without a proper diet. As majority of the UAE population is effected by Nutritional disorders this conference is conducted in Dubai, to provide basic awareness in UAE population.

The objective of this review is to evaluate the nutritional status and dietary intakes of children (0-12 years) in selected EMR countries, namely, United Arab Emirates, Jordan, Lebanon, and Kingdom of Saudi Arabia. Children in the UAE are obese as they are taking more calories rather than eating a balanced diet, and this is a sign of malnutrition. Even both male and female adults are facing with the nutritional disorders because of improper food intake and that leads Io obesity. Changes in nutrition consumption which are in relation with changing economic, demographic, social, and health factors. It is well known that Arabian Gulf countries have moved toward the higher fat and higher refined carbohydrates western diet. Most of dietary changes include a high rate of increase in the Consumption of fat and added sugar in the diet, often a marked increase in animal nutrition and food products contrasted with a fall in total cereal intake and vegetable and fruits consumption.

Conference: 3rd International Conference on Nutrition, Food Science and Technology, welcomes speakers, exhibitors and delegates from all over the world to Dubai, United Arab Emirates during March 16-17, 2020. The major theme of the Conference is “Connecting Global Leaders, Innovators and Investors to Map out the Future of Food”.
Thanks & Regards

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